

## DAFTAR PUSTAKA

- Abbott, B., & Barber, B. (2010). Embodied image: Gender differences in functional and aesthetic body image among Australian adolescents. *Body Image*, 22-31.
- Agam, R., Tamir, S., & Golan, M. (2015). Gender Differences in Respect to Self-Esteem and Body Image as Well as Response to Adolescents' School-Based Prevention Programs. *Journal of Psychology and Clinical Psychiatry*, II(5).
- Ahyani, L. N., & Astuti, R. D. (2018). *Psikologi Perkembangan Anak dan Remaja*. Kudus: Badan Penerbit Universitas Muria Kudus.
- Al Sabbah, H., Vereecken, C., Abdeen, Z., Coats, E., & Maes, L. (2008). Associations of overweight and of weight dissatisfaction among Palestinian adolescents: findings from the national study of Palestinian schoolchildren (HBSC-WBG2004). *Journal of Human Nutrition and Dietetics*, 40-49.
- Ali, M., & Asrori, M. (2004). *Psikologi Remaja Perkembangan Peserta Didik*. Jakarta: PT Bumi Aksara.
- Al-Mighwar, M. (2006). *Psikologi Remaja Petunjuk Bagi Guru dan Orangtua*. Bandung: Pustaka Setia.
- Alwisol. (2009). *Psikologi Kepribadian* (Revisi ed.). Malang: UMM Press.
- Azwar, S. (2012). *Penyusunan Skala Psikologi* (2nd ed.). Yogyakarta: Pustaka Pelajar.
- Batubara, J. (2010). Adolescent Development. *Sari Pediatri*, 21-29.
- Berk, L. (2012). *Development Through The Lifespan* (fifth ed., Vol. 1). Yogyakarta: Pustaka Belajar.
- Bhamani, S., Jamil, S., & Mohsin, F. (2014). Gender Differences in Self Esteem in Young Adolescents of Karachi. *Pakistan Business Review*, 704-717.
- Bhardwaj, A., & Agrawal, G. (2013). Gender Different In Pre-Adolescent' Self-Esteem. *International Journal of Social Science & Interdisciplinary Research*, 2, 114-119.
- Branden, N. (1992). *The Power Of Self-Esteem*. Florida: Health Communications.
- Calogero, R., & Thompson, J. (2010). *Gender and Body Image*. New York: Springer.

- Cash, T. (2011). Cognitive-Behavioral Perspectives on Body Image. Dalam T. Cash, & L. Smolak (Penyunt.), *Body image: a handbook of theory, research, and clinical practice* (hal. 39-47). Guilford.
- Cash, T. (2017). Multidimensional Body–Self Relations Questionnaire (MBSRQ). Dalam T. Wade (Penyunt.), *Encyclopedia of Feeding and Disorders* (hal. 551-554). Norfolk: Springer Singapura.
- Chaplin, J. (2011). *Kamus Lengkap Psikologi*. Jakarta: PT RajaGrafindo Persada.
- Denich, A., & Ifdil. (2015). Konsep Body Image Remaja Putri. *Jurnal Konseling dan Pendidikan*, 55-61.
- Desmi, Y. H. (2017). Perbedaan Self-Esteem Siswa Berdasarkan Jenis Kelamin. *Skripsi tidak di terbitkan*.
- Desmita. (2017). *Psikologi Perkembangan*. Bandung: Remaja Rosdakarya.
- Emler, N. (2001). *Self-esteem The costs and causes of low self-worth*. York: Joseph Rowntree Foundation.
- Febrina, D., Suharso, P., & Saleh, A. (2018). Self-Esteem Remaja Awal: Temuan Baseline Dari Rencana Program Self-Instructional Training Kompetensi Diri. *Jurnal Psikologi Insight*, 2, 43-56.
- Foundation, M. H. (2019). Body Image: How We Think And Feel About Our Bodies. *Reserch Report*, 1-48.
- Geldard, K., & Geldard, D. (2011). *Konseling Remaja*. Yogyakarta: Pustaka Pelajar.
- Grogan, S. (2007). *Body Image Understanding body dissatisfaction in men, women, and children* (2nd ed.). London & New York: Routledge.
- Grogan, S. (2008). *Body image : understanding body dissatisfaction in men, women, and children* (2nd ed.). London dan New York: Routledge.
- Grogan, S. (2017). *Body Image Understanding body dissatisfaction in men, women and children* (3rd ed.). New York: Routledge.
- Gufron, M., & Suminta, R. R. (2017). *Teori - Teori Psikologi*. Jogjakarta: Ar-ruzz Media.
- Guindon, M. H. (2010). What Do We Know About Self-Esteem Interventions? Dalam M. Guindon, *Self-Esteem A Cross The Lifespan Isue And Interventions* (hal. 63-78). New York: Taylor and Francis Group.
- Helwig, N., & Ruprecht, M. (2017). Age, Gender, and Self-Esteem: A Sociocultural Look Through a Nonparametric Lens. *Archives of Scientific Psychology*, 19–31.

- Hill, V. (2013). The importance of self-esteem. Dalam V. Z. Hill (Penyunt.), *Self-Esteem* (hal. 1-20). New York: Psychology Press.
- Islamiah, N., Daengsari, D., & Hartiani, F. (2015). Cognitive Behavior Therapy Untuk Meningkatkan Self-Esteem Pada Anak Usia Sekolah. *Jurnal Ilmu Keluarga dan Konsumen*, 142-152.
- Isra, R. I. (2015). Kelompok Sebaya dan Perilaku Makan Menyimpang Remaja SMA di Jakarta. *Masyarakat*, 263-283.
- Jahja, Y. (2011). *Psikologi Perkembangan*. Jakarta: Kencana.
- Januar, V., & Putri, D. E. (2007). Citra Tubuh Pada Remaja Putri Menikah Dan Memiliki Anak. *Jurnal Psikologi*, 52- 62.
- Kantanista, A., Król-Zielińska, M., Borowiec, J., & Osiński, W. (2017). Is Underweight Associated with more Positive Body Image? Results of a Cross-Sectional Study in Adolescent Girls and Boys. *The Spanish Journal of Psychology*, 1-6.
- Kille, D. R., & Wood, J. V. (2012). Self-Esteem. Dalam V. S. Ramachandran (Penyunt.), *Encyclopedia of Human Behavior* (Second ed., Vol. 2, hal. 321-327). San Diego: Elsevier.
- Levine, M. P., & Smolak, L. (2002). Body Image Development in Adolescence. Dalam T. F. Cash, & T. Pruzinsky (Penyunt.), *Body Image A Handbook of Theory, Research, and Clinical Practice* (hal. 74-81). New York: The Guilford Press.
- Marco, J., Perpiñá, C., Roncerob, M., & Botella, C. (2017). Confirmatory factor analysis and psychometric properties of the Spanish version of the Multidimensional Body-Self Relations Questionnaire-Appearance Scales in early adolescents. *Body Image*, 15-18.
- Marliani, R. (2016). *Psikologi Perkembangan Anak & Remaja*. Bandung: Pustaka Setia.
- Martono, N. (2016). *Metode Penelitian Kuantitatif*. Jakarta: Rajawali Pos.
- Meland, E., Haugland, S., & Breidablik, H.-J. (2007). Body image and perceived health in adolescence. *Health Education Research*, 22, 342-350.
- Moksnes, U., Moljord, I., Espnes, G., & Byrne, D. (2010). The association between stress and emotional states in adolescents: The role of gender and self-esteem. *Personality and Individual Differences*, 430-435.
- Monks, F. J., Knoera, A. M., & Haditono, S. R. (2006). *Psikologi Perkembangan Pengantar Dalam Berbagai Bagiannya*. Yogyakarta: Gadjah Mada University Press.

- Mruk, C. J. (2006). *Self-Esteem Research, Theory, and Practice Toward a Positive Psychology of Self-Esteem* (3rd ed.). New York: Springer Publishing Company.
- Murnen, S. (2011). Gender and Body Images. Dalam T. Cash, & L. Smolak (Penyunt.), *Body Image: A Handbook of Science, Practice, and Prevention* (2nd ed., hal. 173-179). New York: The Guildford.
- Murnen, S., & Don, B. (2012). Body Image and Gender Roles. Dalam T. Cash (Penyunt.), *Encyclopedia Of Body Image And Human Appearance* (hal. 128-134). Norfolk: Elsevier.
- Papalia, D. E., & Feldman, R. D. (2015). *Menyelami Perkembangan Manusia* (12 ed., Vol. 2). Jakarta: Salemba Humanika.
- Pruzinsky, T., & Cash, T. (2002). Understanding Body Images Historical And Contemporary Perspective. Dalam T. Pruzinsky, & T. F. Cash (Penyunt.), *Body Image A Handbook of Theory, Research, and Clinical Practice* (hal. 3-12). New York: The Guilford Press.
- Puskar, K., Bernardo, L., & Ren, D. (2010). Self-esteem and optimism in rural youth: Gender differences. *Contemporary Nurse*, 190–198.
- Rentzsch, K., Wenzler, M., & Schütz, A. (2016). The structure of multidimensional self-esteem across age and gender. *Personality and Individual Differences*, 139–147.
- Santrock, J. W. (2002). *Remaja* (11 ed., Vol. 1). Jakarta: Erlangga.
- Shaughnessy, J., Zechmeister, E., & Zechmeister, J. (2012). *Metode Penelitian Dalam Psikologi* (9 ed.). Jakarta: SSalemba Humanika.
- Slater, A., & Tiggemann, M. (2010). Body Image and Disordered Eating in Adolescent Girls and Boys: A Test of Objectification Theory. *Sex Roles*, 42-49.
- Stets, J. E., & Burke, P. (2014). Self-Esteem and Identities. *Sociological Perspectives*, 409–433.
- Stice, E. (2003). Puberty and Body Image. Dalam C. Hayward (Penyunt.), *Gender Diferences at Puberty* (hal. 61-76). New York: Cambridge University Pess.
- Sugiyono. (2011). *Statistika Untuk Penelitian*. Bandung: Alfabeta.
- Sumiati, Dinarti, Nurhaeni, H., & Aryani, N. R. (2009). *Kesehatan Jiwa Remaja & Konseling*. Jakarta: Trans Info Media.
- Syamsu, Y. L. (2009). *Psikologi Perkembangan Anak & Remaja*. Bandung: Remaja Rosdakarya.

- Thomaes, S., Poorthuis, A., & Nelemans, S. (2011). Self-Esteem. Dalam B. Brown, & M. Prinstein (Penyunt.), *Encyclopedia Of Adolescence* (Vol. I, hal. 319-324). Utrecht: Elsevier.
- Thompson, J., & Berg, P. (2002). Measuring Body Image Attitudes among Adolescents and Adults. Dalam T. F. Cash, & T. Pruzinsky (Penyunt.), *Body Image: A Handbook of Theory, Research, and Clinical Practice* (hal. 142-154). New York: The Guilford Press.
- Thompson, J., Burke, N., & Krawczyk, R. (2012). Measurement of Body Image in Adolescence and Adulthood. Dalam T. Cash (Penyunt.), *Encyclopedia Of Body Image And Human Appearance* (hal. 512-520). Florida: Elsevier.
- Vilhjalmsson, R., Kristjansdottir, G., & Ward, D. (2012). Bodily Deviations and Body Image in Adolescence. *Youth & Society*, 366–384.
- Wati, D., & Sumarmi, S. (2017). Citra Tubuh Pada Remaja Perempuan Gemuk Dan Tidak Gemuk: Studi Cross Sectional. *Amerta Nutr*, 398-405.
- Weiten, W., & Lloyd, M. (2006). *Psychology Applied to Modern Life: Adjustment in the 21st Century* (Eighth ed.). Canada: Thomson Wadsworth.

