

## DAFTAR PUSTAKA

- Aliyev & Turkmen. (2014). Parent, Peer and Media Effect on the Perception of Body Image in Preadolescent Girls and Boys. *Universal Journal of Psychology*, 2. (7): 224-230.
- Anastasia, M. (2006). *Menjelajah Tubuh: Perempuan dan Mitos Kecantikan*. Yogyakarta: LKis.
- Azwar, S. (2016). *Penyusunan Skala Psikologi*. (Edisi 2, Cetakan ke-9) Yogyakarta : Pustaka Belajar
- Arikunto, S. 2002. *Prosedur Penelitian Suatu Pendekatan Praktek*. Yogyakarta: Rineka Cipta.
- Bartlett, M. Y., & Desteno, D. (2006). Gratitude and Prosocial Behaviour: Helping When It Costs You. *Psychological Science*. Vol. 17. No. 4, 319-325.
- Bestiana, D. (2012). Citra Tubuh dan Konsep Tubuh Ideal Mahasiswa FSIP Universitas Airlangga Surabaya. *Jurnal Psikologi* Volume 1.
- Froh, J. J., Kashdan, T. B., OZimkowski, K. M., & Miller, N. (2009). Who Benefits The Most from A Gratitude Intervention In Children and Adolescents? Examining Positive Affect as A Moderator. *The Journal of Positive Psychology*, 4, 408– 422. New York: Houghton Mifflin Company.
- Cash, T. F. (1994). Body Image Attitudes : Evaluation, Investment, & Affect Perceptual and Motor Skills. *Journal of Psychology*, 78, 1168-1170.
- Cash, T.F. (2004). *Body image: past, present, and future*. Body Image, (1), 1-5.
- Cash, T. F. (2000), "The Psychological of Physical Appearance: Aesthetics, Attributes, and Images," dalam *Body Images: Development, Deviance and Change*. New York: Guilford Press, hal. 51-79.
- Cash,T.F & Pruzinsky,T. (2002). Body Image : A Handbook of Theory, Research and Clinical. New York: Guilford Publications.
- Dwinada, R. F. (2016). Hubungan Gratitude dengan Citra Tubuh pada Remaja. *Ilmiah Psikologi*, 9, 34-41.
- Denich, A.U., dan Ifidl (2015). *Jurnal Konseling dan Pendidikan*. Vol 3, No. 2, 55-61.
- Emmons, R. A. (2007). *Thank's! How the New Science of Gratitude Can Make You Happier*.
- Emmons, R. A., McCullough, M. E. (2004). *The Psychology of Gratitude*. New York: Oxford University Press, Inc.198 Madison Avenue.
- Froh, J. J. Kashdan, T. B., OZimkowski, K. M., & Miller, N. (2009). Who Benefits The Most from A Gratitude Intervention In Children and Adolescents? Examining Positive Affect as A Moderator. *The Journal of Positive Psychology*, 4, 408– 422.
- Grogan, S. (1999). Body Image: *Understanding BodyDissatisfaction in Men, Women and Children*.

- Grogan,S. (2008) .Body image: *Understanding body dissatisfaction in men, women, and children*. London: Routledge.
- Geraghty. A., Wood. A.M & Hyland, M. E. (2010)."Attrition From Self Directed Interventions: Investigating the Relationship Between Psychological Predictors, Intervention Content and Dropout From a Body Dissatisfaction Intervention. *Journal of Social Science and Medicine*. Vol 71, 30-37.
- Glesson, K., & Frith, H. (2006). (De)constructing Body Image. *Journal of Health Psychology*, Vol 11(1), 79–90.
- Heatherton, T F, Wyland, Carrie. (2003). Assessing Self-Esteem. Dalam Lopez, Shane J, Snyder, C. D. (ed). *Positive Psychological Assessment : A handbook of models and measures*. Washington D. C. American Psychological Association.
- Januar, V, 7 Putri. (2007). Body image on married female adolescent with child. *Jurnal Psikologi* 2007, Vol 1, No. 1.
- Hoyt, W. D. Kogan, L. R. (2001). Satisfaction With Body Image And Peer Relationships For Males And Females In A College Environment. *Sex Roles: A Journal of Research*.
- Kriyantono, R. (2008). *Teknik Praktis Riset Komunikasi: Disertai Contoh Praktis Riset Media, Public Relations, Advertising, Komunikasi Organisasi, Komunikasi Pemasaran*. Jakarta: Kencana Prenada Media Group.
- Longe, Jacqueline. (2008). *The Gale Encyclopedia of Diets*. New York: The Gale Group
- McCullough, M. E., Emmons, R. A., tsang, Jo-Ann. (2002) The Grateful Disposition: A Conceptual and Empirical Topography. *The journal of personality and social psychology*, Vol. 82, No. 1, 112-127.
- Paxton, S. J., Neumark. S. D., Hannan, P. J., & Eisenberg, M. E. (2006). Body dissatisfaction prospectively predicts depressive mood and low self-esteem in adolescent girls and boys. *Journal of Clinical Child and Adolescent Psychology*, 35, 539–549.
- Periantolo, J. (2016) *Penelitian Kuantitatif Untuk Psikologi*. Yogyakarta: Pustaka Pelajar.
- Peterson, C., & Seligman, M. E. (2004). Strengths Of Character And Well-Being. *Journal of Social and Clinical Psychology*.
- Puteri, C.T. (2014) Hubungan antara Citra Tubuh dengan Interaksi Sosial pada Mahasiswa. *Other thesis*, University of Muhammadiyah Malang.
- Glesson, K., & Frith, H. (2006) (De)constructing Body Image. *Journal of Health Psychology*, Vol 11(1), 79–90.
- Santoso, S. (2010). *Teori-teori Psikologi Sosial*. Bandung : PT. Refika Aditama
- Sari, T. (2007). Hubungan antara syukur dengan kepuasan citra tubuh pada remaja. *Skripsi*.Universitas Islam Negeri Syarif Hidayatullah.

- Setyani, P.H. (2018) Hubungan antara kebersyukuran dengan body image pada model. *Skripsi*. Fakultas Psikologi dan Ilmu Sosial Budaya Universitas Islam Indonesia.
- Soekanto, S. (2012). *Sosiologi Suatu Pengantar*. Jakarta: Rajawali Pers.
- Sarwono, S. W. (2009). *Pengantar Psikologi Umum*. Jakarta: Penerbit Salemba Humanika
- Taylor M.A, Julia V. (2014) *The body image workbook for teens. Activities to help girls develop a healthy body image in an image – obsessed world*.
- Thompson, J. K. (2000). *Body Image, Eating Disorders, and Obesity*. American Psychological Association. Washington, DC.
- Truby, H., & Paxton, S. J. (2002). Development of the children's body image scale. *British Journal of Clinical Psychology*, 41, 185-203.
- Ula, I. F., & Prihartanti, N. (2017).Hubungan Berpikir Positif dan Komparasi Sosial dengan Ketidakpuasan Citra Tubuh pada Mahasiswi. *Skripsi*. (Doctoral Dissertation, Universitas Muhammadiyah Surakarta).
- Watkins, P. C. (2014). *Gratitude and The Good Life: Toward A Psychology of Apreciation*. USA: Springer.
- Willis, S. S. 2011. *Konseling Individual, Teori dan Praktek*. Bandung: Alfabeta
- Wolfe, W. L., & Patterson, K. (2017).*Comparison of a gratitude-based and cognitive restructuring intervention for body dissatisfaction and dysfunctional eating behavior in college women*. *Eating Disorders*, 25(4), 1–15.
- Wood, A. M., Froh, J. J., & Geraghty, A. W. A. (2010). *Gratitude and well-being: A review and theoretical integration*. *Clinical Psychology*, 890–905.
- Wood, A.M., Maltby, J., Stewart, N., Linley, P.A & Joseph, S. (2008). A sosial – cognitive model of trait and state levels of gratitude. *American Psychological Association*. Vol 8. No 2. 281-290.