

SKRIPSI



**STUDENTS' SPEAKING ANXIETY IN ACADEMIC SPEAKING CLASS AT ENGLISH
EDUCATION DEPARTMENT MURIA KUDUS UNIVERSITY**

BY:

FERIAWAN SEPTIYONO

2016-32-090

**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY**

2020

**STUDENTS' SPEAKING ANXIETY IN ACADEMIC SPEAKING CLASS AT ENGLISH
EDUCATION DEPARTMENT OF MURIA KUDUS UNIVERSITY**

SKRIPSI

**Presented to the UniversitasMuria Kudus
In Partial Fulfillment of the Requirements for Completing
The Sarjana Program in English Eduaction**

by

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2016-32-090

**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
UNIVERSITAS MURIA KUDUS**

2020

MOTTO AND DEDICATION

MOTTO:

The thing we lose have a way of coming back to us in the end.

“Luna Lovegood”



DEDICATION:

This Skripsi is dedicated to:

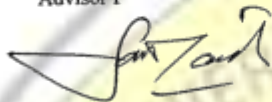
1. His self, who has worked hard to find good experience during studying in the college.
2. His beloved parents who always give him support and pray for everything that he does.
3. His family and best friends who always accompany him in every step of his life.

ADVISORS' APPROVAL

This is to certify that the *Skripsi* of Feriawan Septiyono (NIM 201632090) has been approved by the *skripsi* advisors for further approval by the Examining Committee.

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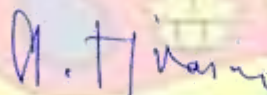
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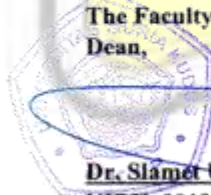
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ABSTRACT

Septiyono, Feriawan. 2019. *Students' Speaking Anxiety in Academic Speaking Class at English Education Department of Muria Kudus University*. Skripsi. English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisors: (i) Dr. Rismiyanto, S.S., M.Pd. (ii) AgungDwiCahyo, S.Pd., M.Pd.

Key words: Speaking Anxiety, Public Speaking, Student of English Education Department

Speaking anxiety is a feeling of nervous when someone is speaking in English in front of many people. Speaking anxiety here concerns to public speaking who students are nervous or afraid of speak up freely in front of people unknown. It requires a consideration of how writer finds out the aspects and causes of speaking anxiety in public speaking context and the strategies to get over it in order to students resolve this problem.

The objectives of this research are to find out the aspects of students' speaking anxiety in public speaking and to know students' strategies to get over speaking anxiety in public speaking encountered students.

In this research, the writer uses qualitative research in the type of descriptive research. It is used because the writer focuses in the aspects, and the strategies. The writer analyzes the aspects students' speaking anxiety in public speaking then find out the strategies to overcome at EED of UMK in academic year 2017.

The result of this research shows the aspects that students have influential cause based on personal cause and interpersonal cause who have been mentioned from the data finding. It is in tune that those causes is always happened to students who weak on speaking skill especially public speaking. In other hand, the researcher got the point that students active and passive had their own strategies to reduce speaking anxiety based on preparation, relaxation, positive thinking, and peer seeking. Even the active students seemed clever and had high competence, actually they also felt anxiety but they had strategies to reduce it. On the other hand, passive students also had their own strategies reduce their speaking anxiety so they could still follow the flow public speaking session.

At the end of this research, the researcher suggests that to know first about the causes of speaking anxiety is influential in students' performance public speaking. Thus, that problem can solve it by the strategies which are reducing it step by step. In order to the students may more confidence and not anxious during deliver their public speaking.

ABSTRAK

Septiyono, Feriawan. 2019. *Kecemasan Berbicara Siswa dalam Berbicara di Kelas Berbicara Akademik Di Pendidikan Bahasa Inggris Universitas Muria Kudus*. Skripsi. Pendidikan Bahasa Inggris Universitas Muria Kudus. Dosen Pembimbing: (i) Dr. Rismiyanto, S.S., M.Pd. (ii) Agung Dwi Cahyo, S.Pd.,M.Pd.

Kata Kunci: Kecemasan Berbicara, Berbicara di Depan Umum, Mahasiswa Pendidikan Bahasa Inggris

Kecemasan berbicara adalah perasaan gugup ketika seseorang berbicara perasaan gugup ketika seseorang berbicara dalam bahasa Inggris di depan umum yang siswa gugup atau takut untuk berbicara dengan bebas di depan orang yang tidak dikenal. Untuk itu diperlukan pertimbangan bagaimana penulis mengetahui aspek dan penyebab kecemasan berbicara dalam konteks berbicara di depan umum dan strategi untuk mengatasi agar mahasiswa dapat mengatasi masalah tersebut.

Tujuan dari penelitian ini adalah untuk mengetahui aspek kecemasan berbicara siswa dalam berbicara di depan umum dan untuk mengetahui strategi siswa dalam mengatasi kecemasan berbicara dalam berbicara di depan umum yang dihadapi mahasiswa.

Hasil penelitian menunjukkan bahwa aspek mahasiswa memiliki penyebab yang berpengaruh berdasarkan penyebab pribadi dan antar pribadi yang telah disebutkan dari data yang ditemukan. Hal tersebut sejalan dengan hal tersebut yang selalu terjadi pada siswa yang lemah dalam keterampilan berbicara khususnya berbicara di depan umum. Di sisi lain, peneliti mendapat poin bahwa siswa aktif dan pasif memiliki strategi sendiri untuk mengurangi kecemasan berbicara berdasarkan persiapan, relaksasi, berpikir positif, dan pencarian rekan. Bahkan siswa aktif tampak pandai dan memiliki kompetensi yang tinggi, sebenarnya mereka juga merasakan kecemasan tetapi memiliki strategi untuk menguranginya. Di sisi lain, siswa pasif mengurangi kecemasan berbicara mereka sehingga mereka tetap bisa mengikuti arus berbicara di depan umum.

Pada akhir penelitian ini, peneliti menyarankan untuk mengetahui terlebih dahulu tentang penyebab kecemasan berbicara yang berpengaruh terhadap kinerja berbicara di depan umum. Dengan demikian, masalah tersebut dapat diselesaikan dengan strategi yang menguranginya secara bertahap. Agar mahasiswa lebih percaya diri dan tidak cemas saat menyampaikan pidato di depan umum.

TABLE OF CONTENT

COVER	i
LOGO	ii
TITLE	iii
MOTTO AND DEDICATION	iv
ADVISORS' APPROVAL	v
EXAMINERS' APPROVAL	vi
ACKNOWLEDGEMENT	vii
ABSTARCT	viii
ABSTRAK	ix
TABLE OF CONTENT	x
LIST OF TABLES	xii
LIST OF APPENDICES	xiv
CHAPTER I INTRODUCTION	1
1.1 Background of the research.....	1
1.2 Statement of the research.....	3
1.3 Objectives of the research.....	4
1.4 Significance of the research.....	4
1.5 Scope of the research.....	5
1.6 Operational definiton.....	5
CHAPTER II REVIEW OF RELATED LITERATURE	
2.1 Public Speaking.....	6
2.1.1 Speaking Skill.....	7
2.2 Speaking Anxiety.....	8
2.2.1 Types of Speaking Anxiety.....	9
2.2.2 Levels of Speaking.....	11
2.2.3 Cause of Speaking Anxiety.....	11
2.2.4 Symptoms of Speaking Anxiety.....	15
2.3 Strategies of Get Over Speaking Anxiety in Public Speaking.....	16
2.4 Review of Previous Research.....	17

2.5 Theoretical Framework.....	19
CHAPTER III RESEARCH METHODOLOGY.....	21
3.1 Design of the Research.....	21
3.2 Data and Data Sources.....	21
3.3 Data Collection.....	22
3.4 Data Analysis.....	23
CHAPTER IV FINDING OF THE RESEARCH.....	24
4.1 The Causes of Students Anxiety in Academic Speaking Class by Studets' of English Education Department at Muria Kudus University in Academic Year 2017.....	24
4.1.1 Students' Cause Speaking Anxiety Based on Personal Cause.....	24
4.1.2 Students' Cause Speaking Anxiety Based on Interpersonal Cause.....	27
4.2 The Strategies to Get Over Students Speaking Anxiety in Academic Speaking Class of English Education Department at Muria Kudus University in Academic Year 2017.....	29
CHAPTER V DISCUSSION.....	31
5.1 The cause of Students' Speaking Anxiety in Academic Speaking Class by Students' of English Education Department at Muria Kudus University in Academic Year 2017.....	31
5.2 The Strategies to Get Over Students' Speaking Anxiety in Academic Speaking Class of English Education Department at Muria Kudus University in Academic Year 2017.....	32
CHAPTER VI CONCLUSION AND SUGGESTION.....	39
6.1 Conclusion.....	39
6.2 Suggestion.....	40
REFERENCES.....	41
APPENDICES	42

LIST OF TABLES

Table	Page
4.1 The Cause Speaking Anxiety Based on Personal Cause	22
4.2 The Cause of Speaking Anxiety Based on Interpersonal Cause.....	26
4.3 The Summarize Strategies to Get Over Students' Speaking Anxiety.....	29



LIST OF FIGURES

Figure	Page
2.3 Theoretical Framework	18



LIST OF APPENDICES

Appendix	Page
1 Questionnaire and Interview	45
2 Foto Data Questionnaire and Script of Interview	47
3 Table of Specification	61
4 Calculation of Questionnaire	62
5 Statement.....	63
6 Keterangan Selesai Bimbingan.....	64
7 Permohonan Ujian Skripsi	65
8 Scan Kartu Bimbingan	66
9 Curriculum Vitae	68

