

SKRIPSI



**STUDENTS' SPEAKING ANXIETY AND THEIR STRATEGIES TO
OVERCOME IN THEIR CLASSROOM**

(A Case Study of the Eleventh Graders in MA NU Banat Kudus)

By

AMALIA SYAHIDA ADYANA

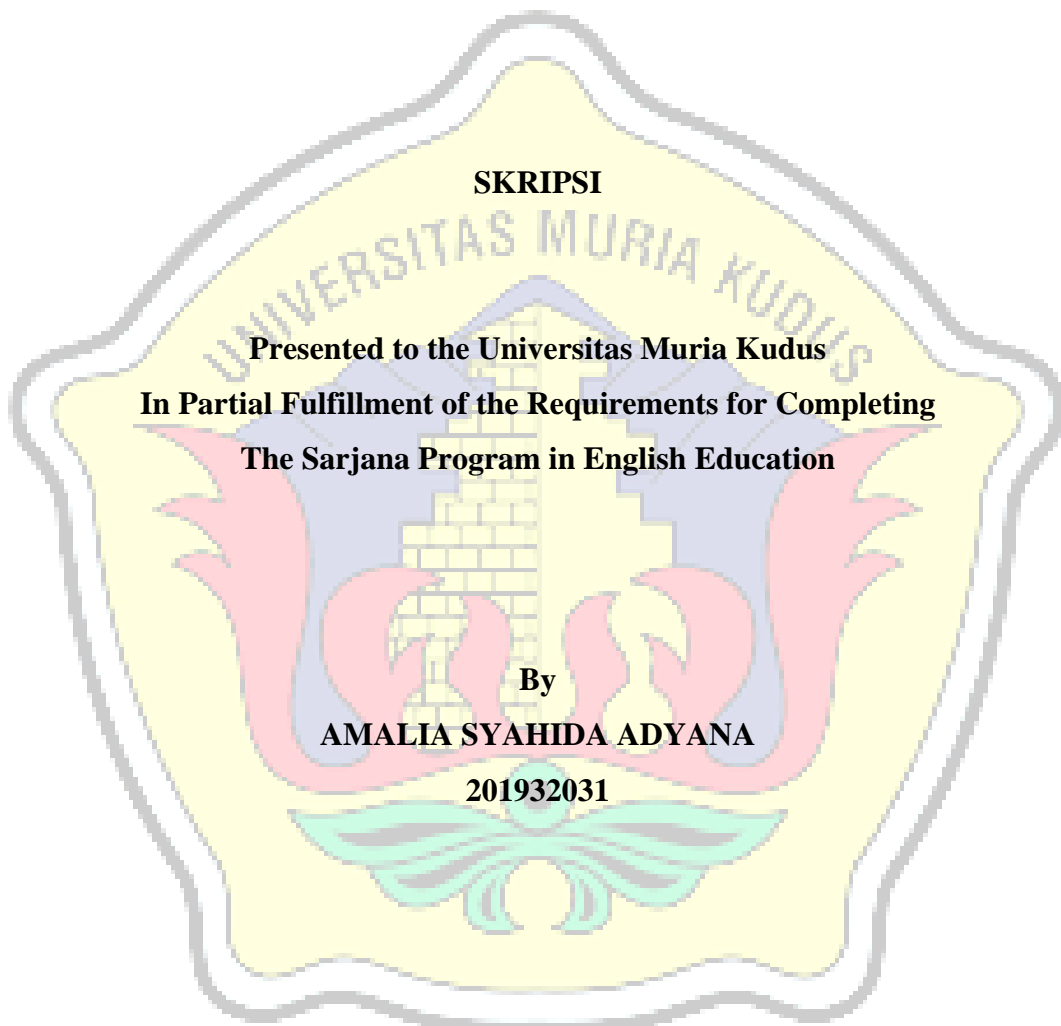
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**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
UNIVERSITAS MURIA KUDUS**

2023



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OVERCOME IN THEIR CLASSROOM
(A Case Study of the Eleventh Graders in MA NU Banat Kudus)**



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**Presented to the Universitas Muria Kudus
In Partial Fulfillment of the Requirements for Completing
The Sarjana Program in English Education**

By

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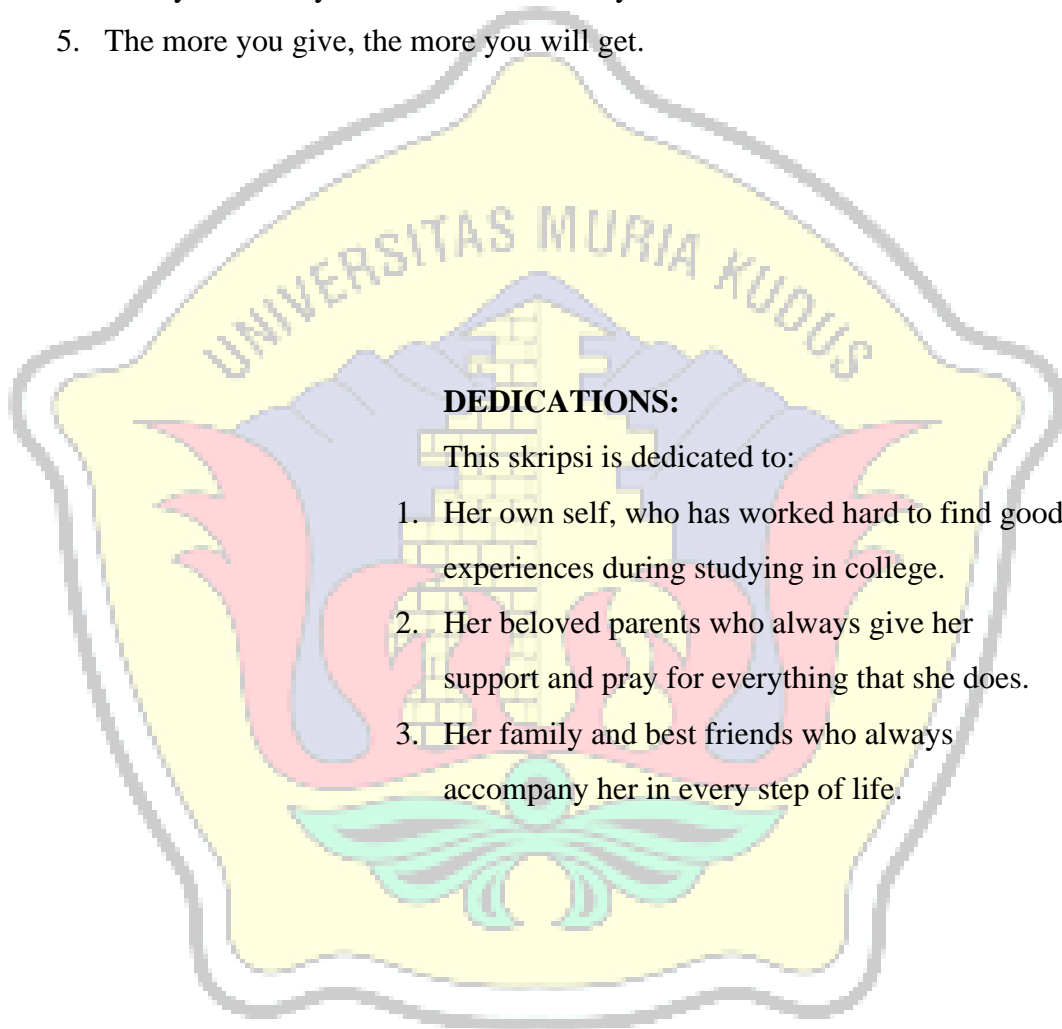
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MOTTO AND DEDICATION

MOTTO:

1. Parents are the greatest gift in a life.
2. Make start from the ending
3. Respect a process in your life.
4. Always involve your God in each of way.
5. The more you give, the more you will get.



DEDICATIONS:

This skripsi is dedicated to:

1. Her own self, who has worked hard to find good experiences during studying in college.
2. Her beloved parents who always give her support and pray for everything that she does.
3. Her family and best friends who always accompany her in every step of life.

ADVISOR'S APPROVAL

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The researcher realizes that there are people around the writer who help, support, give the suggestion and advice in completing this research. So, in this occasion, the researcher would like to convey her special gratitude to:

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2. Rusiana, S.Pd., M.Pd., as the Head of English Education Department, for all her supports.
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Hopefully, this research can be useful for the readers especially those who are in the field of education.

Kudus, 8th February 2023

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ABSTRACT

Adyana, Amalia Syahida. 2023. *Students' Speaking Anxiety and Their Strategies to Overcome in Their Classroom (A Case Study of the Eleventh Graders in MA NU Banat Kudus)*. Skripsi. English Education Department, Teacher Training and Education Faculty, Universitas Muria Kudus. Advisor: (i) Dr. Fitri Budi Suryani, S.S., M.Pd., (ii) Farid Noor Romadlon, S.Pd., M.Pd.

Keywords: *English Speaking Anxiety; Strategies Speaking Anxiety; Eleventh Graders of MA NU Banat.*

Speaking anxiety is a disorder that often occurred in students when learning English. It creates a feeling of apprehension or worry about something bad that will happen in their speech. Students' speaking anxiety will affect their participation and performance in the English learning process.

This study aims to identify factors that cause speaking anxiety of the eleventh graders in MA NU Banat Kudus and also to find out the strategies used by eleventh graders in MA NU Banat Kudus to overcome their speaking anxiety.

The researcher chose 35 eleventh graders of MA NU Banat Kudus as the participants of the questionnaire in this study, then ten students were interviewed based on the results of the questionnaire. This study belongs to qualitative research. The researcher used the FLCAS questionnaire and semi-structured interview to collect the data.

The result of this research is mostly students feel mildly anxious. There are eleven factors found in this research. The main factor causes them anxious is communication apprehension. Students have language barriers that make them lack of confidence in speaking class. It's less vocabulary, lack of pronunciation, and poor grammar. Totally, students used six strategies to overcome their speaking. Students mostly do a rehearsal before they perform in English speaking.

The researcher hopes this research will give insight and knowledge into teaching and learning activities for students and teacher. For the next researchers, it is expected this research can be as one of references due to the topic in the future research.

ABSTRAK

Adyana, Amalia Syahida. 2023. *Students' Speaking Anxiety and Their Strategies to Overcome in Their Classroom (A Case Study of the Eleventh Graders in MA NU Banat Kudus)*. Skripsi. English Education Department, Teacher Training and Education Faculty, Universitas Muria Kudus. Advisor: (i) Dr. Fitri Budi Suryani, S.S., M.Pd., (ii) Farid Noor Romadlon, S.Pd., M.Pd.

Kata Kunci: *Kecemasan Berbicara Bahasa Inggris, Strategi untuk Kecemasan Berbicara, Kelas Sebelas MA NU Banat.*

Kecemasan berbicara merupakan gangguan yang sering terjadi pada siswa ketika belajar bahasa Inggris. Hal ini menciptakan perasaan ketakutan atau kekhawatiran tentang sesuatu yang buruk yang akan terjadi dalam pembicaraan mereka. Kecemasan berbicara siswa akan mempengaruhi partisipasi dan kinerja mereka dalam proses pembelajaran bahasa Inggris.

Penelitian ini bertujuan untuk mengidentifikasi faktor-faktor penyebab kecemasan berbicara siswa kelas XI MA NU Banat Kudus dan juga untuk mengetahui strategi yang digunakan siswa kelas XI MA NU Banat Kudus untuk mengatasi kecemasan berbicara mereka.

Peneliti memilih 35 siswa kelas XI MA NU Banat Kudus sebagai peserta angket dalam penelitian ini, kemudian sepuluh siswa akan diwawancarai berdasarkan hasil angket tersebut. Penelitian ini termasuk penelitian kualitatif. Peneliti menggunakan kuesioner FLCAS dan wawancara semi terstruktur untuk mengumpulkan data.

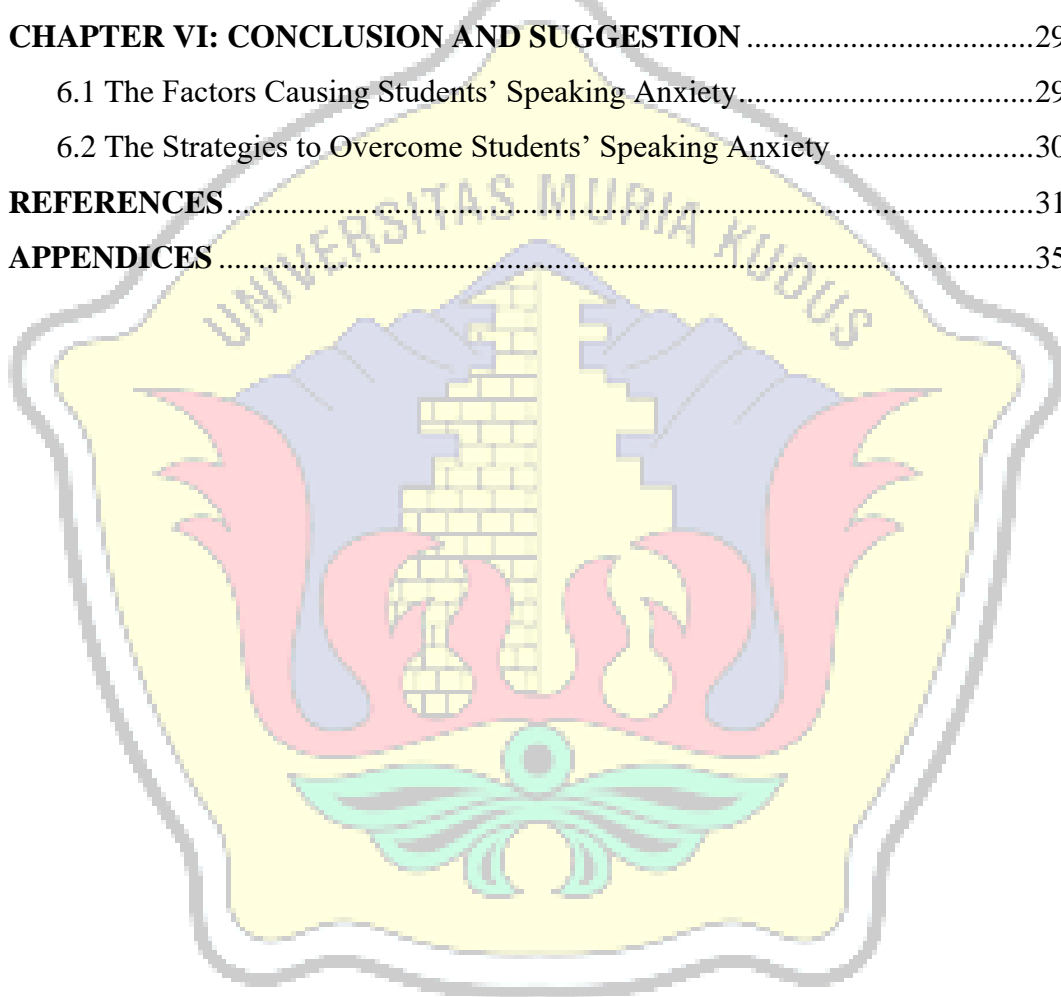
Hasil dari penelitian ini sebagian besar siswa mengalami kecemasan ringan. Ada sebelas faktor yang ditemukan dalam penelitian ini. Faktor utama yang menyebabkan mereka cemas adalah ketakutan komunikasi. Siswa memiliki hambatan bahasa yang membuat mereka kurang percaya diri di kelas berbicara. Hal itu adalah kurangnya kosakata, pengucapan, dan grammar. Secara total, siswa menggunakan lima strategi untuk mengatasi kemampuan berbicara mereka. Siswa kebanyakan melakukan latihan sebelum mereka tampil dalam berbicara bahasa Inggris.

Peneliti berharap penelitian ini dapat memberikan wawasan dan pengetahuan tentang kegiatan belajar mengajar bagi siswa dan guru. Bagi peneliti selanjutnya, peneliti mengharapkan penelitian ini dapat digunakan sebagai referensi untuk melakukan penelitian di bidang yang sama.

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