

DAFTAR PUSTAKA

- Anggarwati, P. I., & Thamrin, W. P. (2019). Work Family-Conflict Dan Psychological Well-Being Pada Ibu Bekerja. *Jurnal Psikologi*, 12(2), 200–212. <https://doi.org/10.35760/psi.2019.v12i2.2444>
- Anoraga, P. (2009). *Psikologi Kerja* (5th ed.). Rineka Cipta.
- Arbain, J., Azizah, N., & Sar, I. N. (2015). Pemikiran Gender menurut Para Ahli *Sawwa*, 11(1), 75–94.
- Azwar, S. (2021). *Penyusunan Skala Psikologi* (3rd ed.). Pustaka Belajar.
- Bianchi, S. M., Sayer, L. C., Milkie, M. A., & Robinson, J. P. (2012). Housework: Who Did, Does or Will Do It, and How Much Does It Matter? *Oxford Journals*, 91(1), 55–63. <https://doi.org/10.1093/ITNOW/BWAA110>
- Bradburn, N. M. (1969). *The Structure of Psychological Well-Being* (1st ed.). Aldine Publishing Company.
- Calvo-Salguero, A., Martínez-de-Lecea, J. M. S., & del Carmen Aguilar-Luzón, M. (2012). Gender and work-family conflict: Testing the rational model and the gender role expectations model in the Spanish cultural context. *International Journal of Psychology*, 47(2), 118–132. <https://doi.org/10.1080/00207594.2011.595414>
- Cicognani, E. (2011). Coping Strategies With Minor Stressors in Adolescence : Relationships With Social Support , Self-Efficacy , and Psychological Well-Being. *Journal of Applied Sosial Psychology*, 41(3), 559–578.
- Cinamon, R. G., & Rich, Y. (2002). Gender differences in the importance of work and family roles: Implications for work-family conflict. *Sex Roles*, 47(11–12), 531–541. <https://doi.org/10.1023/A:1022021804846>
- Cristy, R., & Jatmika, D. (2019). Hubungan Antara Work Family Conflict Dengan Kualitas Kehidupan Kerja Pada Karyawati Yang Telah Menikah Di Pt. K. *Psyche: Jurnal Psikologi Universitas Muhammadiyah Lampung*, 1(2).
- Darmawati. (2019). *Work Family Conflict* (A. Dalle (ed.); 1st ed.). IAIN Pare Pare Nusantara Press.
- Diener, E., Lucas, R. E., & Oishi, S. (2002). Subjective Well-Being. In *The science of happiness and life satisfaction. Handbook of positive psychology* (pp. 63–73). https://greatergood.berkeley.edu/images/application_uploads/Diener-Subjective_Well-Being.pdf

- Diener, E., Wirtz, D., Biswas-diener, R., Tov, W., Kim-prieto, C., Choi, D., & Oishi, S. (2009). New Measures of Well-Being. In *Assessing Well-Being: The Collected Works of Ed Diener* (pp. 247–266). <https://doi.org/10.1007/978-90-481-2354-4>
- Duxbury, L. E., & Higgins, C. A. (1991). Gender differences in work-family conflict. *Journal of Applied Psychology*, 76(1), 60–73. <https://doi.org/10.1037//0021-9010.76.1.60>
- Fadila, D., & Pratiwi, M. (2020). Work Family Conflict dan Psychological Well Being pada NAKES yang Melanjutkan Pendidikan. *Psychology Journal of Mental Health*, 2(1), 22–36.
- Frone, M. R., & Bellavia, G. M. (2005). Work Family Conflict. In J. Barling, E. K. Kellowey, & M. R. Frone (Eds.), *Hand Book of Work Stress* (pp. 113–147). Sage Publication.
- Frone, M. R., Russell, M., & Cooper, M. L. (1997). Relation of work-family conflict to health outcomes: A four-year longitudinal study of employed parents. *Journal of Occupational and Organizational Psychology*, 70, 325–335.
- Gilligan, C. (1982). *In a Different Voice Psychological Theory and Women,s Development*. 1–11.
- Gómez-Baya, D., Lucia-Casademunt, A. M., & Salinas-Pérez, J. A. (2018). Gender differences in psychological well-being and health problems among european health professionals: Analysis of psychological basic needs and job satisfaction. *International Journal of Environmental Research and Public Health*, 15(7). <https://doi.org/10.3390/ijerph15071474>
- Gratia, A. A., & Septiani, A. (2014). Pengaruh Gaya Hidup Sehat Terhadap Psychological Well-Being Dan Dampaknya Pada Auditor KAP (Studi Empiris pada Auditor Kantor Akuntan Publik di Jawa Tengah dan DIY). *Jurnal Ilmiah Riset Akuntansi*, 3(2), 1–12. <http://www.riset.unisma.ac.id/index.php/jra/article/view/2514>
- Greenhaus, J. H., & Beutell, N. J. (1985). Sources of Conflict Between Work and Family Roles . *Academy of Management Review*, 10(1), 76–88. <https://doi.org/10.5465/amr.1985.4277352>
- Gutek, B. A., Searle, S., & Klepa, L. (1991). Rational Versus Gender Role Explanations for Work-Family Conflict. *Journal of Applied Psychology*, 76(4), 560–568. <https://doi.org/10.1037/0021-9010.76.4.560>

- Hadi, I. S., & Magistarina, E. (2014). *Perbedaan Psychological Well Being Korban Ghosting Dewasa Awal Berdasarkan Jenis Kelamin Dan Lama. 1989*, 802–810.
- Halimun, J., No, R., & Selatan, J. (2017). Pengaruh Stres Situasi Kerja Terhadap Psychological Well-Being Pada Guru Honorer Madrasah Ibtidaiyah Di Kota Tangerang Fitri Lestari Issom & 2 Raisata Makbulah Fakultas Pendidikan Psikologi Universitas Negeri Jakarta THE INFLUENCE OF STRESS ON THE JOB SIT. *Perspektif Ilmu Pendidikan*, 31(1), 61–67.
- Hardjo, S., Aisyah, S., & Mayasari, S. I. (2020). Bagaimana Psychological well being Pada Remaja ? Sebuah Analisis Berkaitan Dengan Faktor Meaning In Life. *Jurnal Diversita*, 6(1), 63–76. <https://doi.org/10.31289/diversita.v6i1.2894>
- Izzati, U. A., & Mulyana, O. P. (2021). Perbedaan Jenis Kelamin Dan Status Pernikahan Dalam Kesejahteraan Psikologis Guru Umi. *Psychocentrum Review*, 3(1), 63–71. <https://doi.org/10.26539/pcr.31567>
- Karatepe, O. M., & Tekinkus, M. (2006). The effects of work-family conflict , emotional exhaustion , and intrinsic motivation on job outcomes of front-line employees. *International Journal of Bank*, 24(3), 173–193. <https://doi.org/10.1108/02652320610659021>
- Karyono, Dewi, K. S., & TA, L. (2008). Penanganan Stres dan Kesejahteraan Psikologis Pasien Kanker Payudara yang Menjalani Radioterapi di RSUD Dr. Moewardi Surakarta. *Media Medika Indonesia*, 43(2), 6–11.
- Keyes, C L M. (2007). *Psychological Well-Being* (pp. 399–406).
- Keyes, Corey Lee M, & Ryff, C. D. (1990). *Psychological Well-Being in Midlife* (pp. 161–180).
- Kristiyana, N. (2018). Perbedaan Gender dalam Peran Konflik, Emosional Kerja, dan Kinerja Pegawai Marketing Perusahaan Farmasi di Jawa Tengah. *Jurnal Maksipreneur: Manajemen, Koperasi, Dan Entrepreneurship*, 8(1), 45–59. <https://doi.org/10.30588/jmp.v8i1.378>
- Lakoy, F. S. (2009). Psychological Well-Being Perempuan Bekerja Dengan Status Menikah Dan Belum Menikah. *Jurnal Psikologi Esa Unggul*, 7(2), 38–47.
- Li, R., Kao, C., & Wu, Y. (2015). Gender differences in psychological well-being: tests of factorial invariance. *Quality of Life Research*. <https://doi.org/10.1007/s11136-015-0999-2>
- Lu, L. (2000). Gender and conjugal differences in happiness. *Journal of Social Psychology*, 140(1), 132–141. <https://doi.org/10.1080/00224540009600451>

- Lyubomirsky, S., King, L., & Diener, E. (2005). The benefits of frequent positive affect: Does happiness lead to success? *Psychological Bulletin*, *131*(6), 803–855. <https://doi.org/10.1037/0033-2909.131.6.803>
- Magadley, W. (2019). Moonlighting in academia: a study of gender differences in work-family conflict among academics. *Community, Work and Family*, *24*(3), 237–256. <https://doi.org/10.1080/13668803.2019.1678458>
- Matud, M. P., López-Curbelo, M., & Fortes, D. (2019). Gender and psychological well-being. *International Journal of Environmental Research and Public Health*, *16*(19), 1–11. <https://doi.org/10.3390/ijerph16193531>
- Miss. Sana Akhter. (2015). Psychological Well-Being in Student of Gender Difference. *International Journal of Indian Psychology*, *2*(4). <https://doi.org/10.25215/0204.040>
- Nandini, W., & Wahyuni, S. (2019). Analisa gender dan pentingnya kondisi psychological wellbeing buruh di tempat kerja (penelitian pada buruh tekstil di Indonesia). *Jurnal Riset Manajemen Sains Indonesia (JRMSI)* |, *10*(1), 71–95. <http://journal.unj.ac.id/unj/index.php/jrmsi>
- Nastasi, B. K., & Borja, A. P. (2016). *International Handbook of Psychological well-Being in Children and Adolescent* (B. K. Nastasi (ed.)). Springer.
- Netemeyer, R. G., Boles, J. S., & McMurrian, R. (1996). Development and validation of work-family conflict and family-work conflict scales. *Journal of Applied Psychology*, *81*(4), 400–410. <https://doi.org/10.1037/0021-9010.81.4.400>
- Oakley, A. (1985). Sex, Gender and Society. In P. Barker (Ed.), *gower publishing company limited*. <https://doi.org/10.4324/9781315243399>
- Paramitta, A., Putra, A. I. D., & Sarinah, S. (2020). Work Engagement Ditinjau dari Psychological Well-being pada Karyawan PT. Sumatera Berlian Motors. *PHILANTHROPY: Journal of Psychology*, *4*(1), 45. <https://doi.org/10.26623/philanthropy.v4i1.1702>
- Pasewark, W. R., & Viator, R. E. (2006). Accounting Profession. *Behavioral Research in Accounting*, *18*, 147–165.
- Periantolo, J. (2016). *Penelitian Kuantitatif untuk Psikologi* (1st ed.). Pustaka Pelajar.
- Prabawa, abi fa'izzarahman. (2022). Psychological Well-Being Dan Self-Compassion Mahasiswa Di Mahad IAIN Salatiga. *Indonesian Journal of Guidance and Counseling: Theory and Application*, *11*(1), 70–80.

- Ptacek, J. T., Smith, R. E., & Dodge, K. L. (1994). Gender Differences in Coping with Stress: When Stressor and Appraisals Do Not Differ. *Personality and Social Psychology Bulletin*, 20(4), 421–430. <https://doi.org/10.1177/0146167294204009>
- Putri, D. P. K., & Lestari, S. (2015). Pembagian Peran dalam Rumah Tangga pada Pasangan Sumi Istri Jawa. *Jurnal Penelitian Humaniora*, 16(1), 72–85.
- Putri, L. H. (2019). *Perbedaan tingkat kesejahteraan psikologis remaja di panti asuhan ditinjau dari jenis kelamin*. Universitas Muhammadiyah Surakarta.
- Roboth, J. Y. (2015). Analisis Work Family Conflict, Stres Kerja Dan Kinerja Wanita Berperan Ganda Pada Yayasan Compassion East Indonesia. *Jurnal Riset Bisnis Dan Manajemen*, 05(01), 33–46.
- Rustiana, E. R., & Hary Cahyati, W. (2012). STRESS KERJA DENGAN PEMILIHAN STRATEGI COPING. *Jurnal Kesehatan Masyarakat*, 7(2), 149–155. <http://journal.unnes.ac.id/index.php/kemas>
- Ryff, C. D. (1989). Happiness Is Everything , or Is It? Explorations on the Meaning of Psychological Well-Being. *Journal of Personality and Social Psychology*, 57(6), 1069–1081.
- Ryff, C. D., & Singer, B. (1996). Psychological Well-Being: Meaning , Measurement , and Implications for Psychotherapy Research. *Psychother Psychosom*, 65, 14–23.
- Salamung, N., Pertiwi, M. R., Ifansyah, M. N., Riskika, S., Maurida, N., Primasari, N. A., Rumbo, H., & Al., E. (2021). Keperawatan Keluarga (Family Nursing). In *Duta Media Publishing*.
- Stoner, C. R., Hartman, R. I., & Arora, R. (1990). Work Home Role Conflictin Female Owners of Small Businesses: An Exprolatory Study. *Journal of Small Business Management*.
- Suryani, I. (2021). *Dampak Self-Esteem Terhadap Psychological Well Being Dimediasi Oleh Work-Life Balance*. 18(2), 160–169.
- Winefield, H., Gill, T. K., Taylor, A. W., & Pilkington, R. (2012). Psychological well-being and psychological distress: is it necessary to measure both? *Springer Open Journal*, 2(3). <https://doi.org/10.1186/2211-1522-2-3>
- Wongpy, N., & Setiawan, jenny lukito. (2019). Konflik Pekerjaan dan Keluarga pada Pasangan dengan Peran Ganda. *Jurnal Psikologi Teori Dan Terapan*, 10(1), 31–45. <https://doi.org/10.26740/jptt.v10n1.p31-45>

Wright, T. A., & Cropanzano, R. (2000). Psychological well-being and job satisfaction as predictors of job performance. *Journal of Occupational Health Psychology, 5*(1), 84–94. <https://doi.org/10.1037/1076-8998.5.1.84>

