

## DAFTAR PUSTAKA

- Aglibot, S. (2022). A complete guide to 13 korean beauty standards. Oktober 8, 2022. <https://ling-app.com/ko/korean-beauty-standards/>.
- Anas, M., Husain, A., & Khan, S.M. (2016). Development and standardization of the gratitude scale. *Journal of Educational, Health and Community Psychology*, 5(3), 1-14.
- Anonim. (2020). Hallyu (korean wave). September 22, 2022. <https://www.korea.net/AboutKorea/Culture-and-the-Arts/Hallyu>
- Azhar, A. (2021). Hubungan antara self-concept dengan body image pada remaja. Skripsi. Surabaya: Universitas Islam Negeri Sunan Ampel Surabaya.
- Banfield, S., & McCabe, M. (2002). An evaluation of the construct of body image. *Adolescence* 37(146), 373-393.
- Belogai, K.N., Morozova, I.S, Novlokinova. A.V., & Borisenko, J.V. (2020). Body image in teenage girls. *European Proceedings of Educational Sciences*, 253-260.
- Bracken, B.A. (2009). Positive self-concept. Oktober 10, 2022. <https://www.researchgate.net/publication/281715913>
- Cash, T.F. (2012). *Encyclopedia of body image and human appearance*. London: Academic Press.
- Cash, T.F., & Smolak, L. (2011). *Body Image: A Handbook of Science, Practice and Prevention*. New York: The Guildford Press.
- Chae, H. (2022) Factors associated with body image perception of adolescents. *Acta Psychologica*, 1-6.
- Chakraborty, R., & De, S. (2014). Body image and its relation with the concept of physical self among adolescents and young adults. *Psychol Stud*, 59(4), 419-426.

- Chen, J.D. (2011). The Globalizing effect of Korean pop culture. *Mountaineer Undergraduate Research Review*, 3(7), 102-129.
- Choi, J.B. (2015). Hallyu versus hallyu-hwa: Cultural phenomenon versus institutional campaign in Lee, S.J. & Nornes, A.M. (Eds). *Hallyu 2.0: The Korean Wave in the Age of Social Media*, 31-52. USA: University of Michigan Press.
- Dantas R.P.N.C., Simoes T.B.S., Santos P.G.M.D., Dantas P.M.S., & Cabral B.G.A.T. (2017). Satisfaction of Body Image in Adolescents With Different Maturity Stages. *J Hum Growth Dev*, 27(3), 300-306.
- Dhawan, M., Sudhesh, N.T., & Kakkar, S. (2021). Body Image Issues And Self-Concept Dilemmas In Adolescents Living With Thalassemia. *Psychology, Health, and Medicine*, 1-15.
- Dwinanda, R.A. (2016). Hubungan Gratitude Dengan Citra Tubuh Pada Remaja. *Jurnal Ilmiah Psikologi*, 9(1), 35-41.
- Emmons, R.A., & McCollough, M.E. (2004). *The Psychology of Gratitude*. New York: Oxford University Press.
- Fernandes-Bustos, J., Gonzales-Marti, I., Contreras, O., & Cuevas, R. (2015). Relacion entre imagen corporal y autoconcepto fisico en mujeres adolescentes. *Rev Latinoam Psicol*, 47(1), 25-33.
- Ganesan, S., Ravishankar, S.L., & Ramalingam, S. (2018). Are body image issues affecting our adolescents? A cross-sectional study college going adolescent girls. *Indian Journal of Community Medicine*, 43, S42-S46.
- Grogan, S. (1999). *Body image: understanding body dissatisfaction in men, women and children*. London: Routledge.
- Grogan, S. (2008). *Body image: understanding body dissatisfaction in men, women and children (2nd ed)*. New York: Routledge.
- Geraghty, A.W.A., Wood, A.M., & Hyland, M.E. (2010). Attrition from self-directed interventions: Investigating the relationship between psychological predictors, intervention content and dropout from a body dissatisfaction intervention. *Social Science & Medicine*, 71(1), 30-37.

- Halim, T.M., & Kiatkawsin, K. (2021). Beauty and celebrity: korean entertainment and its impacts on female indonesian viewers' consumption intentions. *Sustainability*, 13(1405),1-19.
- Halliwell, E. (2015). Future directions for positive body image research. *Body Image*, 14, 177-189.
- Harti, R. (2022).Gambaran body image pada remaja di SMAN 9 Padang. [Skripsi tidak dipublikasikan]. Padang: Universitas Andalas.
- Hasanah, N.S., & Halimah, L. (2019). Studi deskriptif mengenai body image pada remaja awal di MTs Negeri 6 Subang. *Prosiding Psikologi*, 5(1), 227-233.
- Hogarth, H.K. (2013). An Asian reaction to Western-dominated globalization. *PGDT*, 135-151.
- Homan, K.J., Sedlak, B.L., & Boyd, E.A. (2014). Gratitude buffers the adverse effect of viewing the thin ideal on body dissatisfaction. *Body Image*, 11(3), 245-250.
- Homan, K.J., & Tylka, T.L. (2018). Development and exploration of the gratitude model of body appreciation in women. *Body image*, 25, 14-22.
- Hurlock, E.B. (1980). *Psikologi perkembangan Suatu pendekatan sepanjang rentang kehidupan*. Edisi kelima. Jakarta: Erlangga
- Hutchinson, N., & Calland, C. (2020). *Body image in the primary school: A self-esteem approach to building body confidence, 2nd Eds*. Abingdon: Roudledge.
- Irvine, K.R., McCarty, K., McKenzie, K.J., Pollet, T.V., Cornelissen, K. K., Toveé, M.J., & Cornelissen, P.L. (2018). Distorted body image influences body schema in individuals with negative bodily attitudes. *Neuropsychologia*. 1-53.
- Jaberi, B.M., & Refahi, N. (2017). Investigation of the relationship between body image with self-concept in adolescent. *Specialty Journal of Humanities and Cultural Science*, 2(2), 1-6.

- Jung, S. (2011b). K-pop, Indonesian fandom, and sosial media. *Transformative works and Cultures*. 8 Oktober 21, 2022. <https://journal.transformativeworks.org/index.php/twc/article/view/289/219>
- Koff, E., Rierdan, J., & Stubbs, M.L. (1990). Gender, body image, and self-concept in early adolescence. *Journal of Early Adolescence*. 10(1), 56-68.
- Lee, W. (2015). The effects of the korean wave (hallyu) star adn receiver characteristics on T.V drama satisfaction and intention to revisit. *International Journal of u- and e- Service, Science and Technology*, 8(11), 347-356.
- Lichner, V., Petrikova, F., & Ziakova, E. (2021). Adolescent self-concept in the context of risk behaviour and self-care. *International Journal of Adolescence and Youth*, 26(1), 57-70.
- Lysak, A., Wilczynska, D., Walentukiewicz, A. Karasiewicz, K., Skonieczny, P. (2017). Adolescents' actual appearance and body image self-assessment. *Baltic Journal of Health and Physical Activity*, 9(1), 63-71.
- Markey, C.N. (2010). Invited commentary: why body image is important to adolescent development. *J Youth Adolescence*, 39, 1387-1391.
- Marliani, R. (2016). *Psikologi Perkembangan Anak dan Remaja*. Bandung: CV Pustaka Setia.
- Marsh, H.W., Xu, M., & Martin, A.J. Self-concept: a synergy of theory, method, and application. *APA Educational Psychology Handbook*, Vo.1, 427-458.
- Munith, A. (2015). *Pendidikan Keperawatan Jiwa*. Yogyakarta: CV Andi Offset.
- Nurfajri, A.P. (2017). Hubungan Antara Kebersyukuran dan Body Image pada Remaja Putri. Skripsi. Yogyakarta: Universitas Islam Indonesia.
- Novianti, R., & Merida, S.C. (2021). Self-concept dengan citra tubuh pada mahasiswi. *Psikostudia*, 10(1), 11-20.
- Oh, Y. (2018). *Pop city: Korean popular culture and the selling of place*. London: Cornell University Press.

- Paramitha, R.W.D., Rizal, N., & Sulistyan, R.B. (2021). *Metode penelitian kuantitatif*. Lumajang: Widya Gama Press.
- Periantalo, J. (2016). *Penelitian kuantitatif untuk Psikologi*. Yogyakarta: Pustaka Belajar.
- Peterson, C., & Seligman, M.E.P. (2004). *Character strengths and virtues*. New York: Oxford University Press.
- Puspasari, A. (2007). *Mengukur konsep diri anak*. Jakarta: PT Elex Media Komputindo.
- Rini, D.P (2020). Hubungan antara Kebersyukuran dengan Citra Tubuh pada Wanita Dewasa Awal yang Bertubuh Gemuk di Universitas Islam Riau. Pekanbaru: Universitas Islam Riau.
- Saifudin, A. (2020). *Penyusunan skala psikologi*. Jakarta: Kencana. Desember 18, 2022. [https://books.google.co.id/books?id=H4P1DwAAQBAJ&pg=PA29&hl=id&source=gbs\\_toc\\_r&cad=3#v=onepage&q&f=true](https://books.google.co.id/books?id=H4P1DwAAQBAJ&pg=PA29&hl=id&source=gbs_toc_r&cad=3#v=onepage&q&f=true).
- Sansone, R.A., & Sansone, L.A. (2010). Gratitude and Well Being: The Benefits of Appreciation, *Psychiatry*, 7(11), 18-22.
- Santrock, J.W. (2007). *Remaja*. Jakarta: Erlangga.
- Sarwono, A.W., & Meinarno. E.A. (2009). *Psikologi sosial*. Jakarta: Salemba Humanika.
- Seawell, A.H., & Danoff-Burg, S. (2005). Body image and sexuality in women with and without systemic lupus erythematosus. *Sex Roles*, 53(11-12), 865-876.
- Snyder, C.R., & Lopez, S.J. (2002). *Handbook of Positive Psychology*. New York: Oxford University Press.
- Sobur, A. (2016). *Kamus Psikologi*. Bandung: CV Pustaka Setia.
- Steinberg, L. (2014b). *Age of opportunity: Lessons from the new science of adolescence*. New York: Houghton Mifflin Harcourt.

- Strauman, T.J., & Glenberg, A.M. (1994). Self-concept and body-image disturbance: which self-beliefs predict body size overestimation?. *Cognitive Therapy And Research*, 18(2), 105-125.
- Stowers, D.A., & Durm, M.W. (1996). Does Self-Concept Depend On Body Image? A Gender Analysis. *Psychological Reports*, 78, 643-646.
- Stuart, G.W. (2013). *Buku saku keperawatan jiwa*. Jakarta: Penerbit Buku Kedokteran EGC.
- Szabo, M.K. (2015). The Relationship Between Body Image and Self Esteem. *e-Poster 09: Eating Disorders*, 1354.
- Toselli, S., Grigoletto, A., Zaccagni, L., Rinaldo, N., Badicu, G., Grosz, W.R., & Campa, F. (2021). Body image perception and body composition in early adolescents: a longitudinal study of an Italian cohort. *BMC Public Health*, 21(1381), 1-13.
- Tylka, T.L. (2012). Positive psychology perspectives on body image. *Encyclopedia of Body Image and Human Appearance*, 2.
- Tylka, T.L., Wood-Barcalow, N.L. (2015). What is not positive body image? Conceptual foundations and construct definition. *Body Image*, 1-12.
- Vartanian, L.R.(2009). When the body defines the self: self-concept clarity, internalization, and body image. *Journal of Social and Clinical Psychology*, 28(1), 94-126.
- Vartanian, L.R., & Dey, S. (2013). Self-concept clarity, thin-ideal internalization, and appearance-related social comparison as predictors of body dissatisfaction. *Body Image*, 10(4), 495-500.
- Vartanian, L.R., Foreich, F.V., & Smyth, J.M. (2016). A serial mediation model testing early adversity, self-concept clarity, and thin ideal internalization as predictors of body dissatisfaction. *Body Image*, 19, 98-103.
- Voelker, D.K., Reel, J.J., & Greenleaf, C. (2015). Weight status and body image perceptions in adolescents: current perspectives. *Adolescent Health, Medicine and Therapeutics*, 149-158.

- Vyomakesisri, T., Sonu, T., Srikanth, D. (2020). Pop culture: interaction of and influence on the youth. *International Journal of English, Literature and Social Sciences*, 5(1), 8-12.
- Wenger, A.M. (2020). The Impact Of Gratitude On Body Image, Exercise, And Eating Behaviors. *Dissertation*, Oregon: George Fox University.
- WHO. (2022). Adolescent health. Oktober 14, 2022. [https://www.who.int/health-topics/adolescent-health#tab=tab\\_1](https://www.who.int/health-topics/adolescent-health#tab=tab_1).
- Willianto, D.A. (2017). Hubungan Antara Konsep Diri dan Citra Tubuh Pada Perempuan Dewasa Awal. Skripsi. Yogyakarta: Universitas Sanata Dharma.
- Wolfe, W.L & Petterson, K. (2017). Comparison of gratitude-based and cognitive restructuring intervention for body dissatisfaction and dysfunctional eating behavior in college women. *Eating Disorders*, 25(4), 330-344.
- Wood, A.M., Froh, J.J., Geraghty, A.W.A. (2010). Gratitude and well-being: A review and theoretical integration. *Clinical Psychology Review*. 890-905.
- Woolfolk, A. (2009). Educational Psychology active learning edition. Yogyakarta: Pustaka Belajar.
- Yeon, K.H. (2022). Growth in hallyu fans in past decade. September 24, 2022. <https://m.koreaherald.com/view.php?ud=20220303000739>.
- Yoon, T.J., & Jin, D.Y. (2017). *The koran wave : evolution, fandom, and transnationality*. Maryland: Lexington Books.
- You, S., & Shin, K. (2019). Body esteem among korean adolescent boys and girls. *Sustainability*, 11(2051), 1-13. doi:10.3390/su11072051.
- Yousef, Y.E., Neama, M.E.M., & Eman, A.E.M. (2018). Future anxiety and its relation to the body image and self concept among adolescents with burn injury. *Journal of Nursing and Health Science*, 7(3), 24-33.
- Zsakai, A., Zsolt, K., Katinka, U., & Eva, B.B.(2015). Body Structure and Physical Self-concept in early adolescence. *Journal of Early Adolescence*, 1-23.