

SKRIPSI



**PSYCHOLOGICAL PROBLEMS IN SPEAKING ENGLISH OF
TENTH GRADE STUDENTS OF *TEKNIK ELEKTRO PROGRAM (TE 1)*
AT SMK N 2 KUDUS IN THE ACADEMIC YEAR 2023/2024**

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**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY**

2023



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**Present to the University of Muria Kudus
in Partial Fulfillment of the Requirements for Completing
the Sarjana Program in the English Education Department**

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**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY**

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MOTTO AND DEDICATION

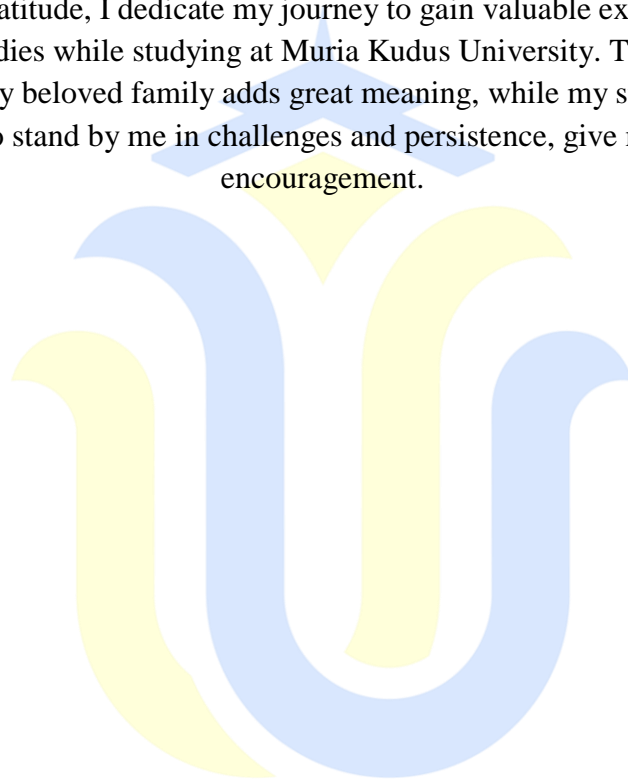
Motto:

“Dreams without goals are just dreams, and ultimately they fuel dissapointment”

(Denzel Washington)

Dedication

With sincere gratitude, I dedicate my journey to gain valuable experience through persistent studies while studying at Muria Kudus University. The unwavering support of my beloved family adds great meaning, while my strong circle of friends, who stand by me in challenges and persistence, give me boundless encouragement.



ADVISORS' APPROVAL

This is to certify that the Skripsi of Rendi Irawan (201932065) has been approved by the Skripsi advisors for further approval by the Examining Committee.

Kudus, 23 August, 2023

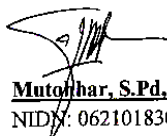
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Head English Education Department



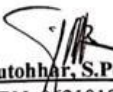
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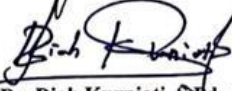
EXAMINERS' APPROVAL


This is to certify that the Skripsi of Rendi Irawan (NIM: 201932065) has been approved by the Examining Committee as a requirement for the Sarjana Degree in English Education.

Kudus, 5 September 2023
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Acknowledged by
The Faculty of Teacher Training and Education
Dean



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First of all, overwhelming praise and gratitude to Allah S.W.T, who has given his mercies and blessings, so the researcher can finish this skripsi entitled: “Psychological Problems In Speaking English Of Tenth Grade Students Of Teknik Elektro Program (TE 1) At SMK N 2 Kudus In The Academic Year 2023/2024”.

The researcher realizes that there are people around who help, support, and give suggestions and advice in completing this research. So, on this occasion, the researcher would like to convey his special gratitude to:

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2. Rusiana, S.Pd, M.Pd., as the Head of English Education Department.
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5. The researcher beloved family, especially his parents, and his younger brother who always give the best supports through everything the researcher did.
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12. Himself, for the hard work, discipline, and consistency through every piece of moments.

The researcher extend his gratitude to all those individuals whose names may not have been explicitly acknowledged. Their invaluable support and contributions played a crucial role in the successful completion of this research. Hopefully, the findings of this research will prove beneficial to a wide audience, particularly those engaged in the field of education.



Kudus, 23 August 2023

A handwritten signature in black ink, appearing to read 'Rendi Irawan', enclosed in a light gray rectangular box.

Rendi Irawan
NIM 201932065

ABSTRAK

Irawan, Rendi. 2023. *Masalah Psikologi dalam Berbicara Inggris pada Kelas Sepuluh Program Teknik Elektro (TE 1) di SMK N 2 Kudus Tahun Akademik 2023/2024*. Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Pembimbing: (1) Farid Noor Romadlon, S.Pd., M.Pd (2) Mutohhar, S.Pd, M.Pd

Kata Kunci: *Masalah Psikologis, Performa Berbicara*

Adanya masalah psikologis secara signifikan menghambat kemampuan berbicara bahasa Inggris, yang merupakan masalah besar yang belum terselesaikan dan sayangnya mempengaruhi banyak orang, terutama pelajar yang mempelajari bahasa Inggris sebagai bahasa asing.

Tujuan dari penelitian ini adalah untuk menyelidiki masalah psikologis dan faktor-faktor mendasar yang berkontribusi terhadap tantangan berbicara bahasa Inggris yang dihadapi oleh siswa kelas sepuluh program teknik elektro (TE 1) di SMK N 2 Kudus pada tahun ajaran 2023/2024.

Penelitian ini merupakan penelitian kualitatif dengan metode deskriptif. Partisipan penelitian ini adalah 36 siswa kelas sepuluh program teknik elektro. Peneliti menggunakan kuesioner dan wawancara sebagai instrumen untuk mengumpulkan data.

Hasilnya mengungkapkan bahwa siswa mengalami masalah psikologis ketika berbicara bahasa Inggris. Mereka mengalami kecemasan dan kurang percaya diri, sementara hanya beberapa siswa yang kurang motivasi. Faktor penyebab kecemasan siswa berasal dari rasa takut melakukan kesalahan dan menerima penilaian negatif, sedangkan rasa kurang percaya diri muncul karena meragukan kemampuan mereka.

Studi ini menyatakan bahwa masalah psikologis yang dihadapi sebagian besar mahasiswa teknik elektro (TE 1) adalah kurangnya rasa percaya diri. Kurangnya percaya diri menjadi penghalang murid untuk mengekspresikan pikiran mereka dalam berbicara Inggris secara lancar. Peneliti menyarankan siswa secara aktif meningkatkan kepercayaan diri dengan mengadopsi mindset berkembang dan berlatih secara teratur. Serta bagi guru untuk menerapkan strategi membangun kepercayaan diri, memberikan umpan balik yang konstruktif, dan mengajarkan keterampilan komunikasi kepada siswa.

ABSTRACT

Irawan, Rendi. 2023. *Psychological Problems In Speaking English Of Tenth Grade Students Of Teknik Elektro Program (TE 1) At SMK N 2 Kudus In The Academic Year 2023/2024*. Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Pembimbing: (1) Farid Noor Romadlon, S.Pd., M.Pd (2) Mutohhar, S.Pd, M.Pd

Key Words: *Psychological Problems, Speaking Performance*

The presence of psychological problems significantly hinders the ability to speak English, which is a major unresolved issue that unfortunately affects many people, especially students studying English as a foreign language.

The objective of this research was to investigate the psychological problems and underlying factors contributing to English speaking challenges encountered by tenth grade students of the Teknik Elektro program (TE 1) at SMK N 2 Kudus in the Academic year 2023/2024.

This research is qualitative research with a descriptive method. The participants of this research were 36 tenth grade students of the Teknik Elektro program. The researcher used questionnaires and interviews as instruments to collect the data.

The results reveal that students encountered psychological problems when speaking English. They experienced anxiety and a lack of confidence, while only a few students lacked motivation. Factors contributing to student anxiety stemmed from the fear of making mistakes and receiving negative assessments, whereas a lack of self-confidence arose from doubting their abilities.

This study stated that the psychological problem faced by most students of the Teknik Elektro program (TE 1) is a lack of confidence. Lack of confidence is a barrier for students to express their thoughts in speaking English fluently. Researcher suggest students actively increase self confidence by adopting a growth mindset and practicing regularly. As well as for teachers to implement strategies to build confidence, provide constructive feedback, and teach communication skills to students.

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