

**SKRIPSI**



**THE CONSTRAINTS OF STUDENT TEACHERS IN APPLYING LESSON  
PLAN DURING INTERNSHIP PROGRAM AT SMAN 1 JAKENAN PATI  
IN ACADEMIC YEAR 2022/2023**

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MURIA KUDUS UNIVERSITY**

**2024**



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PLAN DURING INTERNSHIP PROGRAM AT SMAN 1 JAKENAN PATI  
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**SKRIPSI**

**Presented to the University Muria Kudus in Partial Fulfillment of the  
Requirements for Completing the Sarjana Program in the English Education  
Department**

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**TEACHER TRAINING AND EDUCATION FACULTY**

**MURIA KUDUS UNIVERSITY**

**2024**

## MOTTO AND DEDICATION

### **Motto:**

Don't be afraid to fail but be afraid to try.

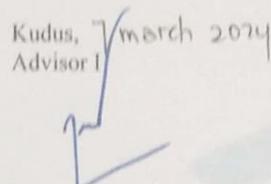
### **Dedication:**

- Myself who has studied hard to complete this skripsi.
- My parents who have given support, motivation and love.
- My friends who have accompanied the struggle and support

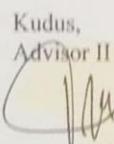
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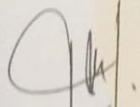
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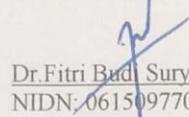
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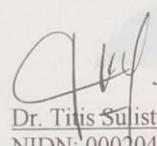
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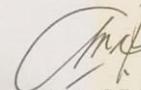
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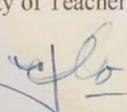
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During the struggle to finish of this research, the researcher would like to say her special gratitude to::

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Kudus, 29 March 2029

The Writer



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## ABSTRACT

Kurnianingsih, Eka. 2023. "*The Constraints of Student Teacher in Applying Lesson Plan during Internship Program at SMAN 1 Jakenan in Academic Year 2022/2023*". Skripsi. English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisors: (1) Dr. Fitri Budi Suryani, S.S., M.Pd. (2) Dr. Titis Sulistyowati, S.S., M.Pd.

**Key Words:** Constraints, Student Teacher, Lesson Plan, Internship Program

Class preparation is one of the most important aspects of a lesson plan to become a teacher. The lesson plan is designed for teachers as pre-teaching to get good strategies to teaching in class. Most students teacher have difficulty managing the actual classroom due to a lack of training in applying lesson plans. The research aims to help develop teaching skills to achieve success in actual classroom teaching experiences, so if something unexpected condition, the students teacher can adapt well.

The purpose of this research is to find out the constraints and strategies to overcome the constraints in applying lesson plan of students teacher during the internship program at SMAN 1 Jakenan.

This research uses qualitative research in case study that are use interviews, documentation and audio video material as research instruments. The data sources in this research were six seventh semester students in English Education Department of Muria Kudus University who are doing an internship program at SMAN 1 Jakenan in academic year 2022/2023.

The results of this research show there are ten constraints in 3 aspects of teaching (pre-teaching, whilst teaching and post-teaching) such as doing apperception, explaining learning objectives, delivering material, using learning media, teaching approaches, assessment, managing time allocation, dealing with unexpected conditions, students' respond, and then giving conclusions, motivation and suggestion to students. And there are 5 strategies to overcome student teacher constraint in applying lesson plan during the internship program at SMAN 1 Jakenan such as using interesting teaching methods, organizing time allocation, consulting with guidance teacher, using approach strategies and trying to be flexible and adaptive.

Therefore, the researcher hopes the students teacher must be able to self-reflect in analyzing difficulties and adjusting appropriate strategies to overcome constraints in applying lesson plan during the internship program. To lecturers are expected be able to provide more strategies or anticipate in application appropriate teaching for students teacher so they don't have the same problems. And for Previous researchers are expected be able to process the constraints in applying lesson plans that have not been found in this research with using other research methods and optimizing strategies to overcome the constraints in applying lesson plan.

## ABSTRAK

Kurnianingsih, Eka. 2023. “*Kendala Mahasiswa Guru dalam Mengaplikasikan Rencana Pembelajaran selama Program Magang di SMAN 1 Jakenan Tahun Ajaran 2022/2023*”. Skripsi. Jurusan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Pembimbing: (1) Dr. Fitri Budi Suryani, S.S., M.Pd. (2) Dr. Titis Sulistyowati, S.S., M.Pd.

**Kata Kunci:** Kendala, Mahasiswa Guru, Rencana Pembelajaran, Program Magang

Persiapan kelas adalah salah satu aspek terpenting dari rencana pelajaran untuk menjadi seorang guru. Rencana pembelajaran dirancang untuk guru sebagai pra-mengajar untuk mendapatkan strategi yang baik untuk mengajar di kelas. Sebagian besar mahasiswa guru mengalami kesulitan dalam mengelola kelas yang sebenarnya karena kurangnya pelatihan dalam mengaplikasikan rencana pembelajaran. Penelitian ini bertujuan untuk membantu mengembangkan keterampilan mengajar untuk mencapai keberhasilan dalam pengalaman mengajar di kelas yang sebenarnya, sehingga jika terjadi sesuatu yang tidak terduga, mahasiswa guru dapat beradaptasi dengan baik.

Tujuan penelitian ini untuk mengetahui kendala dan strategi mengatasi kendala-kendala dalam pengaplikasian rencana pembelajaran mahasiswa guru selama program magang di SMAN 1 Jakenan.

Penelitian ini menggunakan penelitian kualitatif dengan studi kasus yang menggunakan wawancara, dokumentasi dan audio video material sebagai instrumen penelitian ini. Sumber data dalam penelitian ini adalah enam mahasiswa semester tujuh jurusan bahasa inggris universitas muria kudus yang melakukan program magang di SMAN 1 Jakenan tahun ajaran 2022/2023.

Hasil penelitian ini menyatakan bahwa ada sepuluh kendala dalam 3 aspek mengajar (pra-mengajar, saat mengajar dan pasca mengajar) diantaranya adalah melakukan apersepsi, menjelaskan tujuan pembelajaran, menyampaikan materi, menggunakan media pembelajaran, pendekatan pengajaran, penilaian, mengatur alokasi waktu, menghadapi kondisi yang tidak diharapkan, respon siswa, kemudian memberikan kesimpulan, motivasi dan saran kepada siswa. Dan ada 5 strategi untuk mengatasi kendala mahasiswa guru dalam menerapkan RPP selama program magang di SMAN 1 Jakenan diantaranya adalah menggunakan metode pengajaran yang menarik, mengatur alokasi waktu, berkonsultasi dengan guru pembimbing, menggunakan strategi pendekatan dan berusaha fleksibel dan adaptif.

Oleh karena itu, peneliti berharap mahasiswa guru harus mampu merefleksikan diri sendiri dalam menganalisis kendala dan menyesuaikan strategi yang tepat untuk mengatasi kendala dalam menerapkan RPP selama magang. Untuk dosen diharapkan dapat lebih memberikan strategi atau pembekalan dalam penerapan pengajaran yang tepat. Dan untuk peneliti sebelumnya diharapkan dapat mengolah kendala-kendala dalam penerapan RPP yang belum ditemukan dalam penelitian ini dengan menggunakan metode penelitian lain.

## TABLE OF CONTENTS

<b>COVER .....</b>	<b>i</b>
<b>LOGO .....</b>	<b>ii</b>
<b>TITLE .....</b>	<b>iii</b>
<b>MOTTO AND DEDICATION .....</b>	<b>iv</b>
<b>ADVISOR APPROVAL .....</b>	<b>v</b>
<b>EXAMINERS APPROVAL .....</b>	<b>vi</b>
<b>ACKNOWLEDGEMENT .....</b>	<b>vii</b>
<b>ABSTRACT .....</b>	<b>ix</b>
<b>TABLE OF CONTENTS .....</b>	<b>xi</b>
<b>LIST OF TABLES .....</b>	<b>xiii</b>
<b>LIST OF FIGURES .....</b>	<b>xiv</b>
<b>LIST OF APPENDICES .....</b>	<b>xv</b>
<b>CHAPTER I INTRODUCTION .....</b>	<b>1</b>
1.1 Background of the Research .....	1
1.2 Statement of the Research .....	2
1.3 Objective of the Research.....	3
1.4 Significance of the Research .....	3
1.5 Scope of the Research .....	3
1.6 Operational of the Research.....	4
<b>CHAPTER II REVIEW OF RELATED LITERATURE .....</b>	<b>5</b>
2.1 Lesson Plans .....	5
2.2 The Constraints on Application Lesson Plans during Internship Program .....	5
2.3 Previous Research .....	6
2.4 Theoretical Framework .....	10
<b>CHAPTER III RESEARCH METHODOLOGY .....</b>	<b>11</b>
3.1 Design of the Research .....	11
3.2 Data and Data Source' .....	11
3.3 Data Collection .....	12
3.4 Data Analysis .....	13
3.5 Trustworthiness .....	13
<b>CHAPTER IV FINDINGS OF THE RESEARCH .....</b>	<b>14</b>
4.1 The Constraints of Student Teachers in Applying Lesson Plan during Internship Program at SMAN 1 Jakenan .....	14
4.2 The Strategy of Student Teachers to Overcome The Constraints in Applying Lesson Plan during Internship Program at SMAN 1 Jakenan ...	26
<b>CHAPTER V DISCUSSION .....</b>	<b>29</b>
5.1 The Constraints of Student Teachers in Applying Lesson Plan during Internship Program at SMAN 1 Jakenan .....	30
5.2 The Strategy of Student Teachers to Overcome The Constraints in Applying Lesson Plan during Internship Program at SMAN 1 Jakenan ...	35
<b>CHAPTER VI CONCLUSION AND SUGGESTION .....</b>	<b>38</b>
6.1 Conclusions .....	38
6.2 Suggestions .....	39

<b>REFERENCES .....</b>	<b>40</b>
<b>APPENDICES.....</b>	<b>44</b>



## LIST OF TABLES

### **Table Page**

Table 4.1 The Constrsints in Applying Lesson Plan Based on Interview .....	14
Table 4.2 The Constrsints in Applying Lesson Plan Based on Documentation Analysis .....	20
Table 4.3 The Constrsints in Applying Lesson Plan Based on Audio Video Material .....	23
Table 4.4 The Strategies to Overcome in Applying Lesson Plan .....	26



## **LIST FIGURE**

Figure Page	
2.1 Theoretical Framework .....	10



## **LIST OF APPENDICES**

### **Appendix**

1. Interview of The Constraints Student Teacher in Applying Lesson Plan .....	45
2. The Results of Interview of The Constraints Student Teacher in Applying Lesson Plan .....	46
3. The Results of Strategies to Overcome The Constraints Student Teacher in Applying Lesson Plan .....	50
4. The Results of Documentation Analysis of The Constraints Student Teacher in Applying Lesson Plan .....	52
5. Audio Video Material Link of The Constraints Student Teacher in Applying Lesson Plan .....	54
6. The Results of Audio Video Material of The Constraints Student Teacher in Applying Lesson Plan .....	55
7. Lesson Plan Form .....	58
8. Statement .....	68
9. Surat Keterangan Selesai Bimbingan .....	69
10. Permohonan Ujian Skripsi .....	70
11. Kartu Bimbingan .....	71
12. Curriculum Vitae .....	74