



**THE STUDENTS' ANXIETY IN ENGLISH SPEECH PROJECT OF
ENGLISH EDUCATION DEPARTMENT IN
UNIVERSITAS MURIA KUDUS**

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MURIA KUDUS UNIVERSITY
2024**



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ENGLISH EDUCATION DEPARTMENT IN
UNIVERSITAS MURIA KUDUS**

SKRIPSI

**Presented to the University of Muria Kudus
in Partial Fulfillment of the Requirements for Completing
the Sarjana Program in the Department of English Education**

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MOTTO AND DEDICATION

Motto:

- There are many ways to go to Rome, but every person has their own Rome.
- Set the path and believe in yourself even though there will be many pebbles to face.
- “Allah does not burden a soul beyond that it can bear.” (Q.S. Al-Baqarah: 286)
- What is meant for you will never miss you. What missed you was never meant for you.

Dedication

- Her self who deals with the situation and consistent in finishing the study.
- My beloved parents and brothers who always accept me in any condition.
- All of my family always encouraged me to finish my study.
- My beloved friends who always supported me in completing my study.
- All people who supported and helped me in finishing this skripsi.

ADVISORS' APPROVAL

This is to certify that the *Skripsi* of Nickyta Yudhisaputri (NIM 202032091) has been approved by the *skripsi* advisors for further approval by the Examining Committee.

Kudus, March 19th, 2024

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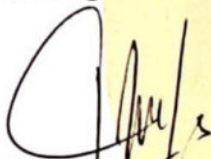
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Kudus, July 10th 2024

The Writer,

Nickyta Yudhisaputri

ABSTRAK

Yudhisaputri, Nickyta. 2024. *“The Students’ Anxiety in English Speech Project of English Education Department in Universitas Muria Kudus”*. Skripsi. Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan Universitas Muria Kudus. Dosen Pembimbing : (1) Dr. Atik Rokhayani, S.Pd., M.Pd. (2) Dr. Titis Sulistyowati, S.S., M.Pd.

Kata Kunci: Kecemasan, Pidato, Pertunjukan, Bahasa Inggris

Kemampuan berbicara menjadi salah satu keterampilan paling penting dalam bahasa Inggris. Aspek ini sangat kompleks sehingga mempengaruhi siswa untuk berpikir negatif hingga pesimis terhadap kemampuannya yang menyebabkan mereka merasa khawatir dimana kendala ini sering terjadi ketika seseorang berkomunikasi dengan bahasa asing. Kondisi ini biasa disebut dengan kecemasan.

Penelitian ini bertujuan untuk mengidentifikasi tingkat kecemasan dan mengetahui penyebab kecemasan dalam tugas pidato bahasa Inggris. Penelitian ini dilakukan di Universitas Muria Kudus dengan fokus pada mahasiswa jurusan Pendidikan Bahasa Inggris yang telah mengambil mata kuliah Academic Speaking pada semester ganjil tahun ajaran 2023/2024.

Pendekatan kualitatif dengan menggunakan metodologi studi kasus sesuai untuk melakukan penelitian ini. Data yang digunakan adalah analisis data campuran melalui metode kualitatif dan kuantitatif. Data kualitatif berasal dari wawancara terhadap 15 siswa. Sedangkan data kuantitatif menggunakan 24 pernyataan berdasarkan skala Likert dimana peneliti juga menghitung validitas, reliabilitas, dan persentase jawaban dari 50 siswa.

Hasil penelitian menunjukkan bahwa sebagian besar mahasiswa Jurusan Pendidikan Bahasa Inggris Universitas Muria Kudus yang telah melaksanakan tugas pidato pada semester ganjil berada pada tingkat kecemasan sedang. Terdapat 90% siswa yang terdiri dari 45 siswa. Hasilnya dikonfirmasi melalui wawancara dimana tingkat kecemasan mereka dapat berubah berdasarkan persiapan mereka, siapa penontonnya, dan jumlah penonton di ruangan tersebut. Sebanyak 70% kecemasan siswa disebabkan oleh kecemasan menghadapi ujian. Berbagai penyebab lain juga dialami siswa, yaitu kurangnya perbendaharaan kata, takut salah, dan kurang percaya diri. Dampak yang terjadi yaitu secara fisiologis dan gangguan mental berada pada persentase seimbang yaitu sebesar 38%. Hal ini menunjukkan bahwa setiap siswa mengalami kedua dampak tersebut secara bersamaan.

Penelitian ini diharapkan dapat memberikan manfaat bagi berbagai pihak. Siswa harus sering terlibat dalam latihan bahasa Inggris untuk meningkatkan kemahiran mereka dalam memilih kosa kata dan pengucapan bahasa Inggris. Dosen hendaknya mendorong mahasiswa untuk menggunakan bahasa Inggris selama perkuliahan dan memberikan umpan balik yang konstruktif daripada kritik keras ketika mengatasi kesalahan. Penelitian ini dapat membahas lebih banyak aspek untuk mengembangkan topik ini lebih luas.

ABSTRACT

Yudhisaputri, Nickyta. 2024. "*The Students' Anxiety in English Speech Project of English Education Department in Universitas Muria Kudus*". Skripsi. English Education Department, Teacher and Training Education Faculty, Muria Kudus University. Advisors : (1) Dr. Atik Rokhayani, S.Pd., M.Pd. (2) Dr. Titis Sulistyowati, S.S., M.Pd.

Key Words: *Anxiety, Speech, Performance, English*

Speaking stands out as one of the most crucial skills in English. The complexity may influence students' negative perceptions until pessimistic which causes them to feel worried about their abilities where this obstacle usually occurs when someone communicates in a foreign language. This condition is usually called anxiety.

This research aims to identify the level of anxiety and investigate the causes of anxiety in English speech project. This research was carried out at Universitas Muria Kudus focusing on the English Education Department students who had taken academic speaking course in the odd semester of academic year 2023/2024.

The qualitative approach using a case study methodology suitable for conducting this research. The data used a mixed data analysis through qualitative and quantitative methods. The qualitative data came from interviews with 15 students. Meanwhile, the quantitative data used 24 statements that involved a Likert-scale where the researcher also calculated the validity, reliability, and percentage of the answers from 50 students.

Results show that the majority of English Education Department students at Universitas Muria Kudus who had received a speech project in the odd semester were at a moderate level of anxiety. There are 90% of students which consists of 45 students. The results were confirmed through interviews where their anxiety levels could change based on their preparation, who the audience was, and the number of audiences in that room. As many as 70% of students' anxiety was caused by test anxiety. Various other causes are also experienced by students, namely lack of vocabulary, afraid of errors, and lack of self-confidence. The effect is physiological effects and mental difficulties were in the balanced percentage as many as 38%. This suggests that each student experiences both impacts simultaneously.

It is hoped that this research will be beneficial for many parties. Students ought to engage in frequent English practice to enhance their proficiency in choosing vocabulary and pronunciation. Lecturers should encourage students to use English during the class and provide constructive feedback rather than harsh criticism when addressing mistakes. This research can discuss more aspects to develop this topic more broadly.

TABLE OF CONTENTS

COVER	i
LOGO.....	i
TITLE	iii
MOTTO AND DEDICATION	iii
ADVISORS' APPROVAL.....	v
EXAMINERS' APPROVAL.....	vi
ACKNOWLEDGEMENT.....	vii
ABSTRAK	ix
ABSTRACT	x
TABLE OF CONTENTS	xi
LIST OF TABLES.....	xiii
LIST OF FIGURES	xiv
LIST OF APPENDICES.....	xv
CHAPTER I. INTRODUCTION.....	1
1.1 Background of the Research.....	1
1.2 Statement of the Problems.....	4
1.3 Objective of the Research.....	5
1.4 Significance of the Research	5
1.5 Scope of the Research	5
1.6 Operational Definition.....	5
CHAPTER II. REVIEW TO RELATED LITERATURE.....	7
2.1 Speaking.....	7
2.2 Academic Speaking	9
2.3 Speech.....	10
2.4 Anxiety.....	11
2.5 Review of Previous Research	15
2.6 Theoretical Framework.....	18

CHAPTER III. METHOD OF THE RESEARCH	19
3.1 Research Design.....	19
3.2 Data and Data Source.....	19
3.3 Data Collection	20
3.4 Data Analysis	21
3.5 Trustworthiness of Data	23
3.6 Validity and Reliability	24
CHAPTER IV. FINDINGS OF THE RESEARCH.....	27
4.1 The Level of Students' Anxiety in Speech Performance	27
4.2 The Causes of Anxiety in Speech Performance.....	31
CHAPTER V. DISCUSSION	54
5.1 The Level of Anxiety in English Speech Project Experienced by English Education Department Students	54
5.2 The Causes of Anxiety Experienced by English Education Department Students	56
CHAPTER VI. CONCLUSION AND SUGGESTION.....	62
6.1 Conclusion	62
6.2 Suggestion.....	63
REFERENCES.....	65

LIST OF TABLES

Table 1. Academic Speaking Students	19
Table 2. Type of Questionnaire Statement	20
Table 3. Questions Indicators	21
Table 4. Statement Score Based on Likert Scale.....	22
Table 5. Range Scale of Anxiety Level.....	23
Table 6. Validity Test Result of Anxiety in Speech Performance	25
Table 7. Cronbarch's Alpha Level of Reliability	26
Table 8. Result of Reliability Test.....	26
Table 9. Anxiety Level of The Fifth Semester Students	27
Table 10. Level of Anxiety Based on Interview.....	29
Table 11. Number of Questionnaire in Anxiety Causes	31
Table 12. Communication Apprehension Cause Experienced in Speech Project .	32
Table 13. Communication Apprehension Caused Anxiety Based on Interview ...	33
Table 14. Fears of Negative Evaluation Cause Experienced in Speech Project ...	36
Table 15. Fears of Negative Evaluation Caused Anxiety Based on Interview.....	37
Table 16. Test Anxiety Cause Experienced in Speech Project.....	40
Table 17. Test Anxiety Caused Anxiety Based on Interview	42
Table 18. Number of Questionnaire in Anxiety Causes	43
Table 19. Physiological Effect of Anxiety Experienced in Speech Project	44
Table 20. Physiological Effect of Anxiety Based on Interview	45
Table 21. Mental Difficulties of Anxiety Experienced in Speech Project	47
Table 22. Mental Difficulties Effect of Anxiety Based on Interview.....	48
Table 23. Students' Strategy to Decrease Anxiety in Speech Performance.....	50
Table 24. Students' Strategy to Decrease Anxiety Based on Interview.....	52

LIST OF FIGURES

Figure 2. 1 Theoretical Framework.....	18
Figure 3. 1 Triangulation Data	23
Figure 4. 1 Distribution of Students' Anxiety Level	30
Figure 4. 2 Percentage of Anxiety Causes	43
Figure 4. 3 Percentage of Anxiety Effects	50



LIST OF APPENDICES

Appendix 1. Questionnaire	70
Appendix 2. Interview.....	73
Appendix 3. Calculation of Validity Based on IBM SPSS Statistics 25.....	74
Appendix 4. Calculation of Reliability Based on IBM SPSS Statistics 25.....	76
Appendix 5. Results of Students' Anxiety Based on Questionnaire	77
Appendix 6. Transcript of Interview	79
Appendix 7. Statement	110
Appendix 8. Keterangan Selesai Bimbingan	111
Appendix 9. Permohonan Ujian Skripsi	112
Appendix 10. Scan Kartu Bimbingan	113
Appendix 11. Curriculum Vitae	116