



**THE ANXIETY OF ENGLISH PUBLIC SPEAKING
OF THE FOURTH SEMESTER STUDENTS
OF ENGLISH EDUCATION DEPARTMENT
OF TEACHER TRAINING AND EDUCATION FACULTY
OF MURIA KUDUS UNIVERSITY
IN THE ACADEMIC YEAR 2013/2014**

**By
ULI ERNAWATI
NIM 201032071**

**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2014**



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SKRIPSI

**Presented to the University of Muria Kudus
in Partial Fulfillment of the Requirements for Completing the Sarjana Program
in English Education**

**By
Uli Ernawati
NIM 201032071**

**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2014**

MOTTO AND DEDICATION

- Don't give up trying success in our live.
- Experience is the best teacher.



This research is dedicated to:

- My lovely husband (Moh Ali Nuhin) who always loves and gives spirit in my life.
- My beloved son (c@ptain Zaka) who always gives his smile to me.
- My mother (Mrs. Siti Chotijah) who always prays for my success.
- My mother in Law (Mrs. Rubi'ah) who always supports me.
- My late father (Mr. Usman)
- My late father in Law (Mr. Ngasiman)
- The closest people in my live.

ADVISORS' APPROVAL

This is to certify that the Sarjana Skripsi of Uli Ernawati has been approved by the advisors for further approval by the Examining Committee.

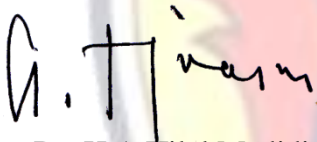
Kudus, Juni 2014

Advisor I



Atik Rokhayani, S.Pd, M.Pd.
NIS. 0610701000001207

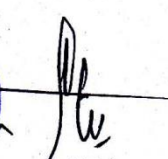
Advisor II



Dr. H.A. Hilal Madjdi, M.Pd
NIS. 0610713020001020

Acknowledged by
The Faculty of Teacher Training and Education
Dean,




Dr. Drs. Slamet Utomo, M.Pd.
NIP. 19621219198703-1-001

EXAMINERS' APPROVAL

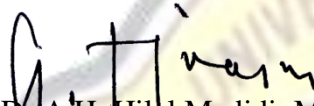
This is to certify that the skripsi of Uli Ernawati (NIM 201032071) has been approved by the Examining Committee as a requirement for the Sarjana Degree of English Education.

Kudus, 21 June 2014
Skripsi Examining Committee:



Atik Rokhayani, S.Pd, M.Pd
NIS. 0610701000001207

,Chairperson



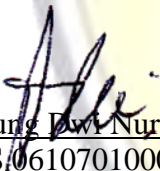
Dr. A.H. Hilal Madjidi, M.Pd
NIS 0610713020001020

,Member



Dra. Sri Endang Kusmaryati, M.Pd
NIS 0610713020001009

,Member



Agung Dwi Nurcahyo, S.S, M.Pd
NIS 0610701000001187

,Member

Acknowledged by
The Faculty of Teacher Training and Education
Dean,



Dr. Desi Suci Lestari, M.Pd.
NIP. 19620219198703-1-001

ACKNOWLEDGEMENT

First of all, Alhamdullillah thanks to Allah SWT the owner of universe for the warm love, mercy and blessing that were given to me. Then, best greet always give to the best human in the world, Muhammad SAW. So, I can finish the final project entitled “The Anxiety of English Public Speaking of The Fourth Semester Students of English Education Department of Teacher Training and Education Faculty of Muria Kudus University in the Academic Year 2013/2014” is able to be accomplished.

This Skripsi is not merely my own work but has also been greatly improved by the willing cooperation and assistance of a number of people in the process of accomplishment. Therefore, I would like to express my deep gratitude to:

1. Dr. Slamet Utomo, M.Pd as the Dean of Teacher Training and Education Faculty of Muria Kudus University.
2. Diah Kurniati, S.Pd, M.Pd as the Head of English Education Department.
3. Atik Rokhayani, S.Pd, M.Pd as the first advisor for all the time, advice, patience and attention to me in completing this skripsi.
4. Dr. H. A.Hilal Madjdi M.Pd. as my second advisor who had been willing to spend lot of time to guide and advise me in giving corrections and suggestion in composing research.
5. Agus Setiadi, S.S and Pipit Ambarsari, S.Pd who allowed me to conduct this research in their academic speaking class.
6. My beloved husband who always gives love and spirit to me.

7. My lovely son (c@ptain Zaka) who always gives his smile to me.
8. My mother (Mrs. Siti Chotijah) who always pray for my success.
9. My late father (Mr. Usman)
10. My mother in Law (Mrs. Rubi'ah) who always support me.
11. My late father in Law (Mr. Ngasiman).
12. My brothers and sister (Mas Abid, Cholis and Mbak Chanifah)
13. My beloved friends who helped me to finish this skripsi.

Finally, I hope this Skripsi will be useful for the readers especially to the learners of English Education Department in Muria Kudus University.

Kudus, June 2014

The writer,

Uli Ernawati
201032071

ABSTRACT

Ernawati, Uli. 2014. *The Anxiety of English Public Speaking of the Fourth Semester Students of English Education Department of Teacher Training and Education Faculty of Muria Kudus University in the Academic Year 2013/2014*, Skripsi. English Education Department of Teacher Training and Education Faculty of Muria Kudus University. Advisor: (1) Atik Rokhayani, S.Pd, M.Pd (2) Dr.H.A. Hilal Madjdi, M.Pd

Key words: *Anxiety, English Public Speaking, the Fourth Semester Students*

Communication is the importance thing in the world of Education. Without communication, the process teaching and learning cannot run well. In addition, the position of teacher is also important related to the Education. As pre-service English teacher, the fourth semester students are expected become a good teacher, they must have a good skill in English public speaking to deliver their knowledge to the students. So, how important public speaking skill for pre-service English teacher is.

The purpose of this research to find out the anxiety of English public speaking of the fourth semester students and also to explain the way how to overcome the anxiety of English public speaking of the fourth semester students of Teacher Training and Education Faculty of Muria Kudus University in the academic year 2013/2014.

This research is qualitative research and the design of this research was case study. The instrument that I used is questionnaire. The questionnaire is given to the students to find out the anxiety of English public speaking of the fourth semester students and also to explain the way how to overcome the anxiety of the fourth semester students of Teacher Training and Education Faculty of Muria Kudus University in the academic year 2013/2014.

The result of the research shows that : (1) Almost all the fourth semester students of English Education Department felt more anxious at pre-performance stage than at performance stage of English public speaking, and almost all the fourth semester students did not feel anxious at pre-preparation and preparation stage of English public speaking. (2) Almost all the fourth semester students of English Education Department of Teacher Training and Education Faculty of Muria Kudus University in the academic year 2013/2014 overcome their anxiety of English public speaking at pre-preparation stage by chose to feel relax and say "everything will be okay" when the lecturer announce the date of speech assignment. Meanwhile, at preparation stage of English public speaking, almost all the fourth semester students chose to choose the topic that they have mastered to overcome their anxiety. At pre-performance stage of English public speaking, almost all the fourth semester students chose to try to feel relax and rehearse again my speech to overcome their anxiety. In addition, Almost all the fourth semester

students chose to imagine that they in a good atmospheres when they deliver their speech to overcome their anxiety of English public speaking at performance stage.

Thus, I suggest for the lecturer to invite the professional public speaker to train the students to overcome the anxiety of English public speaking and to explain about how important public speaking skill for students in English Education Department is.



ABSTRAKSI

Ernawati, Uli. 2014. *Kecemasan Berbicara Bahasa Inggris di depan Umum terhadap Mahasiswa Semester Empat Pendidikan Bahasa Inggris Fakultas Keguruan dan Ilmu Pendidikan Universitas Muria Kudus Tahun Akademik 2013/2014*. Skripsi. Program Studi Pendidikan Bahasa Inggris. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Muria Kudus. Pembimbing: (i) Atik Rokhayani, S.Pd, M.Pd (ii) Dr.H.A. Hilal Madjdi, M.Pd

Kata Kunci: *Kecemasan, Berbicara Bahasa Inggris di depan Umum, Mahasiswa Semester Empat.*

Komunikasi adalah hal yang sangat penting bagi dunia pendidikan. Tanpa komunikasi, proses belajar dan mengajar tidak dapat berjalan dengan baik. Selain itu, posisi guru juga sangat penting berkenaan dengan Pendidikan. Sebagai calon guru Bahasa Inggris, mahasiswa semester empat diharapkan bias menjadi guru yang baik, mereka harus memiliki kemampuan berbicara di depan umum yang baik untuk menyampaikan pengetahuan terhadap murid mereka. Jadi, betapa pentingnya kemampuan berbicara bahasa Inggris bagi calon guru bahasa Inggris.

Tujuan dari penelitian ini adalah untuk mengetahui kecemasan berbicara bahasa Inggris bagi mahasiswa semester empat dan untuk menjelaskan bagaimana cara mengatasi kecemasan terhadap mahasiswa semester empat Program Studi Pendidikan Bahasa Inggris Fakultas Keguruan dan Ilmu pendidikan Universitas Muria Kudus tahun Akademik 2013/2014.

Penelitian ini adalah kualitatif dan design dari penelitian ini adalah studi kasus. Instrumen yang saya gunakan adalah questioner. Daftar pertanyaan telah di berikan kepada mahasiswa untuk mengetahui kecemasan berbicara bahasa Inggris di depan umum bagi mahasiswa semester empat dan untuk menjelaskan bagaimana cara mengatasi kecemasan berbicara bahasa Inggris terhadap mahasiswa semester empat Program Studi Pendidikan Bahasa Inggris Fakultas Keguruan dan Ilmu pendidikan Universitas Muria Kudus tahun Akademik 2013/2014

Hasil dari penelitian ini menunjukkan bahwa: (1) Hampir semua mahasiswa semester empat Program Studi Pendidikan Bahasa Inggris merasa lebih cemas ketika berada di sesi sebelum penampilan di bandingkan di sesi penampilan dari berbicara bahasa Inggris di depan umum. Hampir semua mahasiswa semester empat tidak merasa cemas ketika berada di sesi sebelum persiapan dan di sesi persiapan dari berbicara bahasa Inggris di depan umum. (2) Hampir semua mahasiswa semester empat Program Studi Pendidikan Bahasa Inggris mengatasi kecemasan mereka di sesi sebelum persiapan dengan memilih untuk tenang dan berkata “semua baik-baik saja” saat dosen mengumumkan tanggal untuk pidato. Hampir semua mahasiswa semester empat mengatasi

kecemasan mereka di sesi persiapan dengan memilih topic yang telah mereka kuasai. Di tingkat sebelum persiapan, hampir semua mahasiswa semester empat memilih untuk tenang dan berlatih lagi pidato mereka untuk mengatasi kecemasan berbicara bahasa Inggris di depan umum sebelum penampilan. Hampir semua mahasiswa semester empat memilih untuk membayangkan berada dalam suasana yang indah ketika mereka menyampaikan pidato mereka untuk mengatasi kecemasan mereka di sesi penampilan.

Maka dari itu, saya menyarankan kepada dosen untuk mengundang pembicara di depan umum yang profesional untuk melatih mahasiswa bagaimana mengatasi kecemasan berbicara di depan umum serta untuk member pengetahuan betapa pentingnya kemampuan berbicara bahasa Inggris di depan umum bagi mahasiswa di Program Studi Pendidikan Bahasa Inggris.



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