



**IMPROVING THE ENGLISH ACHIEVEMENT
OF THE FOURTH GRADE STUDENTS
OF SD NEGERI SAMBUNG GAJAH DEMAK
IN ACADEMIC YEAR 2013/2014 BY USING OUTDOOR ACTIVITIES
(A Classroom Action Research)**

By

**TRI SETYANINGSIH
NIM 200932030**

**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2014**



**IMPROVING THE ENGLISH ACHIEVEMENT
OF THE FOURTH GRADE STUDENTS OF SD NEGERI
SAMBUNG GAJAH DEMAK IN ACADEMIC YEAR 2013/2014
BY USING OUTDOOR ACTIVITIES
(A Classroom Action Research)**



**ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2014**

MOTTO AND DEDICATION

Motto:

- Keep going and never quit! The champion is never quit
- Successes are hard work and never give up
- Be patient for what will be for you. Patience is hanging on for the good.

(Mario Teguh)



This skripsi is dedicated to:

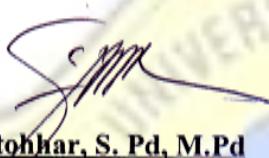
- Her beloved parents: Mr. Kasmiran and Mrs. Sunarti
- Her beloved sisters: Mb Yanti and Mb marti
- Her brothers in law Mas Faizin and Mas Ngatiran
- Her beloved niece (Iin) and nephew (Akim and Aga)
- All of her best friends who always support her.

ADVISOR'S APPROVAL

This is to certify that the Skripsi of Tri Setyaningsih (NIM. 2009-32-030) has been approved by the Advisor's Committee as a requirement for the Sarjana Degree of English Education.

Kudus, August 2014

Advisor I

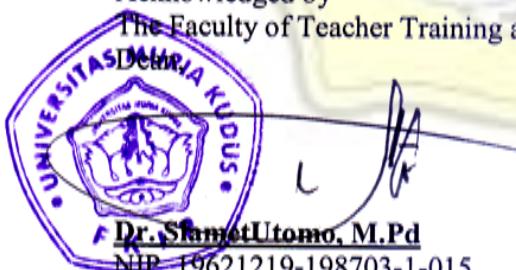

Mutohhar, S. Pd, M.Pd
NIS. 0610701000001204

Advisor II


Dra. Sri Endang Kusmaryati, M.Pd
NIS. 0610713020001009

Acknowledged by
The Faculty of Teacher Training and Education

Dean



EXAMINERS' APPROVAL

This is to certify that the Skripsi of Tri Setyaningsih (2009-32-030) has been approved by the Examining Committee as a requirement for the Sarjana Degree of English Education.

Kudus, 30 August 2014

Skripsi Examining Committee:

Atik Rokhayani, S.Pd, M.Pd
NIS. 0610701000001207

Chairperson

Dra. Sri Endang Kusmaryati, M.Pd
NIS. 0610713020001009

Member

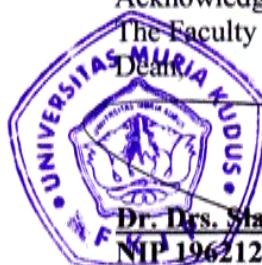
Rusiana, S.Pd, M.Pd
NIS. 0610701000001226

Member

Dr. H. A. Hilal Madjdi, M.Pd
NIS. 0610713020001020

Member

Acknowledged by
The Faculty of Teacher Training and Education
Dean



Dr. Drs. Stamet Utomo, M. Pd
NIP 19621219-198703-1-015

ACKNOWLEDGEMENT

First, in this occasion, the writer would like to say thanks to Allah SWT for all of mercy and blessing to the writer with health, power and motivation to finish her skripsi entitled “Improving English Achievement of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 by Using Outdoor Activities”.

On the second change, the writer wants to express her sincere gratitude to:

1. Dr. Slamet Utomo, M.Pd the Dean of Teacher Training and Education Faculty University of Muria Kudus.
2. Diah Kurniati, S.Pd, M.Pd as the Head of English Education Department of Teacher Training and Education Faculty of Muria Kudus University.
3. Mutohhar, S.Pd, M.Pd and Dra. Sri Endang Kusmaryati, M.Pd as her skripsi advisors. Thanks for all your patience, advice and motivation to her in finishing this skripsi.
4. Kusyono, S.Pd, the Principal SD Negeri Sambung Gajah Demak who has given the writer a permission to do the research and support to the writer in writing this skripsi.
5. Faridha Inayati, S.Pd, SD Negeri Sambung Gajah Demak the English teacher of who has allowed the writer to do the research in her class and also helped the writer and given motivation in accomplishing this research.
6. All of the fourth grade B students of SD Negeri Sambung Gajah Demak in the Academic Year 2013/2014.

7. All of the teachers in SD Negeri Sambung Gajah Demak who have given motivation to the writer in finishing this skripsi.
8. Her beloved parents, sisters, brothers in law, niece and nephew who always give motivation, advice and praying to finish this skripsi.
9. Her best friends (Uswatun Hidayah, Risma, Mb. Faridha Inayati, Astikha, Asih) and all of her friends who always give support and help the writer in finishing this skripsi.

Finally, the writer highly needs valuable comments and contributive criticisms to make the research useful not only for her but also for the reader, especially for the students of English Education Department, Teacher Training and Education Faculty of Muria Kudus University.

Kudus, August 2014

Tri setyaningsih
2009-32-030

ABSTRACT

Setyaningsih, Tri. 2014. *Improving the English Achievement of the Fourth grade students of SD Negeri Sambung Gajah Demak in Academic year 2013/2014 by Using Outdoor Activities.* Skripsi. English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisor: (i) Mutohhar, S.Pd, M.Pd, (ii) Dra. Sri Endang Kusmaryati, M.Pd.

Key words: *English Achievement, Outdoor Activities*

English is used as a means of communication in international world. It means we must be able to master it well. One of an important thing is English achievement in learning English. In learning English, the writer found a problem that the fourth grade students of SD Negeri Sambung Gajah Demak in the academic year 2013/2014 still passive in English achievement. In teaching learning process, the students chat with their friends when the teacher ask and give question. Therefore, the writer applied Outdoor activities in teaching English to improve the English achievement.

The purpose of this research is to improve English achievement of the fourth grade students of SD negeri Sambung Gajah Demak in Academic year 2013/2014 by using Outdoor activities.

This is an action research. The subject of this research was the fourth grade students of SD Negeri Sambung gajah Demak in academic year 2013/2014. They were 20 students in class B. There was two cycles in action. In each cycle, the procedure of the research consists of planning, action, observation, and reflection. In collecting the data, the writer used observation, test, and interview.

The result of the research shows that, the first implementation of Outdoor activities can improve English achievement. Before the action the average score is 68.70. After the action the students make improvement in English achievement, the average score of the test is 71.06. In second cycle, the average score of the test is increasing to 75.83. It is categorized as “good”. During the action, the students paid good participation on the lesson. It can be concluded that teaching English by using outdoor activities can improve English achievement.

Therefore, the writer suggests that it would be better to the teacher to use Outdoor activities as one of technique in teaching English achievement. It makes the students more active and increases their English ability.

ABSTRAK

Setyaningsih, Tri. 2014. *Meningkatkan Prestasi Bahasa Inggris Siswa Kelas 4 SD Negeri Sambung Gajah Demak Tahun Pelajaran 2013/2014 dengan menggunakan Aktivitas di Luar Kelas.* Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Pembimbing: (i) Mutohhar, S.Pd, M.Pd, (ii) Dra. Sri Endang Kusmaryati, M.Pd.

Key words: *Prestasi Bahasa Inggris, Aktivitas di luar Kelas*

Bahasa inggris digunakan sebagai alat komunikasi di dunia internasional. Hal ini berarti kita harus menguasai itu dengan baik. Salah satu hal yang penting dalam pembelajaran adalah Prestasi Bahasa Inggris. Penulis menemukan masalah pada siswa kelas 4 SD Negeri sambung gajah Demak tahun pelajaran 2013/2014 masih pasif dalam prestasi bahasa inggris. Dalam proses belajar mengajar, siswa sering berbicara dengan temannya ketika guru bertanya dan memberikan pertanyaan. Oleh karena itu, penulis menggunakan aktivitas di luar kelas dalam mengajar bahasa inggris untuk meningkatkan prestasi bahasa inggris.

Tujuan dari penelitian ini adalah untuk meningkatkan prestasi bahasa inggris siswa kelas 4 SD Negeri Sambung gajah Demak Tahun Pelajaran 2013/2014 dengan menggunakan aktivitas di luar kelas.

Ini adalah penelitian tindakan. Subjek dari penelitian ini adalah siswa kelas 4 Sd Negeri sambung Gajah Demak Tahun pelajaran 2013/2014. Jumlahnya 20 siswa kelas B. Ada 2 siklus dalam penelitian ini. Masing-masing siklus memiliki cara yang terdiri dari perencanaan, tindakan, observasi, dan refleksi. Dalam pemerolehan data, penulis menggunakan observasi, tes, dan wawancara.

Hasil dari penelitian ini menunjukkan bahwa, pelaksanaan pertama dari Outdoor activities di siklus 1 dapat meningkatkan English achievement. Sebelum pelaksanaan tindakan nilai rata-ratanya adalah 68,70. setelah pelaksanaan tindakan, siswa dapat perbaikan dalam English achievement dengan nilai rata-rata tes 71,06. Di siklus 2, nilai rata-rata tes adalah 75,83. Ini dapat dikategorikan "baik". Selama tindakan penelitian, para siswa berpartisipasi dengan baik saat pelajaran. Ini dapat disimpulkan bahwa pengajaran bahasa inggris dengan aktivitas di luar kelas dapat meningkatkan prestasi siswa.

Oleh karena itu, penulis menyarankan gurunya bahwa lebih baik menggunakan aktivitas sebagai salah satu teknik dalam mengajar bahasa inggris. Ini dapat membuat siswa lebih aktif dan meningkatkan kemampuan bahasa inggris.

TABLE OF CONTENT

	Page
COVER	i
LOGO	ii
TITLE	iii
MOTTO AND DEDICATION	iv
ADVISORS' APPROVAL	v
EXAMMINERS' APPROVAL	vi
ACKNOWLEDGEMENT	vii
ABSTRACT	ix
TABLE OF CONTENT	xi
LIST OF TABLES	xv
LIST OF FIGURE	
xvi	
LIST OF APPENDICES	
xvii	

CHAPTER I INTRODUCTION

1.1 Background of the Research	1
1.2 Statement of the Problem	4
1.3 Objective of the Research	4
1.4 Significance of the Research	5
1.5 Scope of the Research	5
1.6 Operasional Definition	6

CHAPTER II REVIEW RELATED LITERATURE AND ACTION HYPOTHESIS

2.1 Teaching English in SD Negeri Sambung Gajah Demak	7
2.1.1 Curriculum of Teaching English of Fourth Grade Students of SD Negeri Sambung Gajah Demak	9
2.1.2 The Purpose of Teaching English of SD Negeri Sambung Gajah Demak.....	10

2.1.3 The Material of Teaching of the Fourth Grade students of SD Negeri Sambung Gajah Demak	10
2.1.4 The Method of Teaching English of the Fourth Grade students of SD Negeri Sambung Gajah Demak	11
2.2 English Achievement	12
2.3 Characteristic of Elementary School Students	12
2.4 Outdoor Activities/Education.....	13
2.4.1 The Advantages of Outdoor activities	16
2.4.2 The Disadvantages of Outdoor Activities	16
2.4.3 Steps of Using Outdoor Activities	17
2.5 Previous Research	17
2.6 Theoretical Framework	19
2.7 Action Hypothesis	20
CHAPTER III METHOD OF THE RESEARCH	21
3.1 Setting and Characteristic of Subject of the Research	21
3.2 Variable of the Research	21
3.3 Design of the Research.....	22
3.3.1 Pre-Reflecting	24
3.3.2 Planning in Cycle	24
3.3.3 Acting in Cycle	24
3.3.4 Observing in Cycle.....	25
3.3.5 Analysis and Reflecting	25
3.4 Procedure of the Research.....	26
3.5 Data Analysis	26

CHAPTER IV FINDING OF THE RESEARCH	29
4.1 Pre-Reflection	29
4.2 The Result of cycle I	30
4.2.1 Planning	30
4.2.2 Action	31
4.2.3 Observation	32
4.2.4 Reflection	38
4.3 The Students' Opinion in Teaching English of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 Taught by Using Outdoor Activities	41
4.4 Cycle II	42
4.4.1 Planning	42
4.4.2 Action	43
4.4.3 Observation	45
4.4.4 Reflection	51
4.5 The Students' Opinion in Teaching English of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 Taught by Using Outdoor Activities	55
CHAPTER V DISCUSSION	56
5.1 The English Achievement of the Fourth Grade students of SD Negeri Sambung gajah Demak in Academic Year 2013/2014 Taught by Using Outdoor Activities	57
5.2 The Implementation of Outdoor Activities in Teaching English of the Fourth grade Students of SD Negeri sambung Gajah Demak in Academic Year 2013/2014	58
5.3 The English Achievement of the Fourth Grade students of SD Negeri Sambung gajah Demak in Academic Year 2013/2014 Taught by Using Outdoor Activities	60
5.4 Students' Opinion in Teaching English of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 taught by Using Outdoor Activities	60

CHAPTER VI CONCLUSION AND SUGGESTION	61
6.1 Conclusion	61
6.2 Suggestion	62
REFERENCES	64
APPENDICES	67
STATEMENT	81
CURRICULUM VITAE	82



LIST OF TABLES

Table	Page
3.1 The Table of Score Criteria of Achievement	27
4.1 The Table of Observation Result of Teacher's and Students' Activities in Teaching English by Using Outdoor Activities in Cycle I	32
4.2 The Table of Scoring the Students' Test Teaching English by Using Outdoor Activities of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 in Cycle I	39
4.3 The Table of Measurement of Students' Test	41
4.4 The Table of Observation Result of Teacher's and Students' Activities in Teaching English by Using Outdoor Activities in Cycle II	46
4.5 The Table of Scoring the Students' Test Teaching English by Using Outdoor Activities of the Fourth Grade Students of SD Negeri Sambung Gajah Demak in Academic Year 2013/2014 in Cycle II	53
4.6 The Table of Measurement of Students' Test	54
4.7 The Table of Recapitulation Data Related to the Students' Achievement	55

LIST OF FIGURE

Figure	Page
2.1 Diagram of Theoretical Framework	19
3.1 Cyclical Action Research Model Based on Kemmis and Mc Taggart	23



LIST OF APPENDICES

Table		Page
1.	Syllabus of SD Negeri Sambung Gajah Demak	65
2.	Lesson Plan I	67
3.	Achievement Test I	70
4.	Lesson Plan II	73
5.	Achievement Test II	76
6.	Instrument	79
7.	Statement	82
8.	Curriculum Vitae	83