



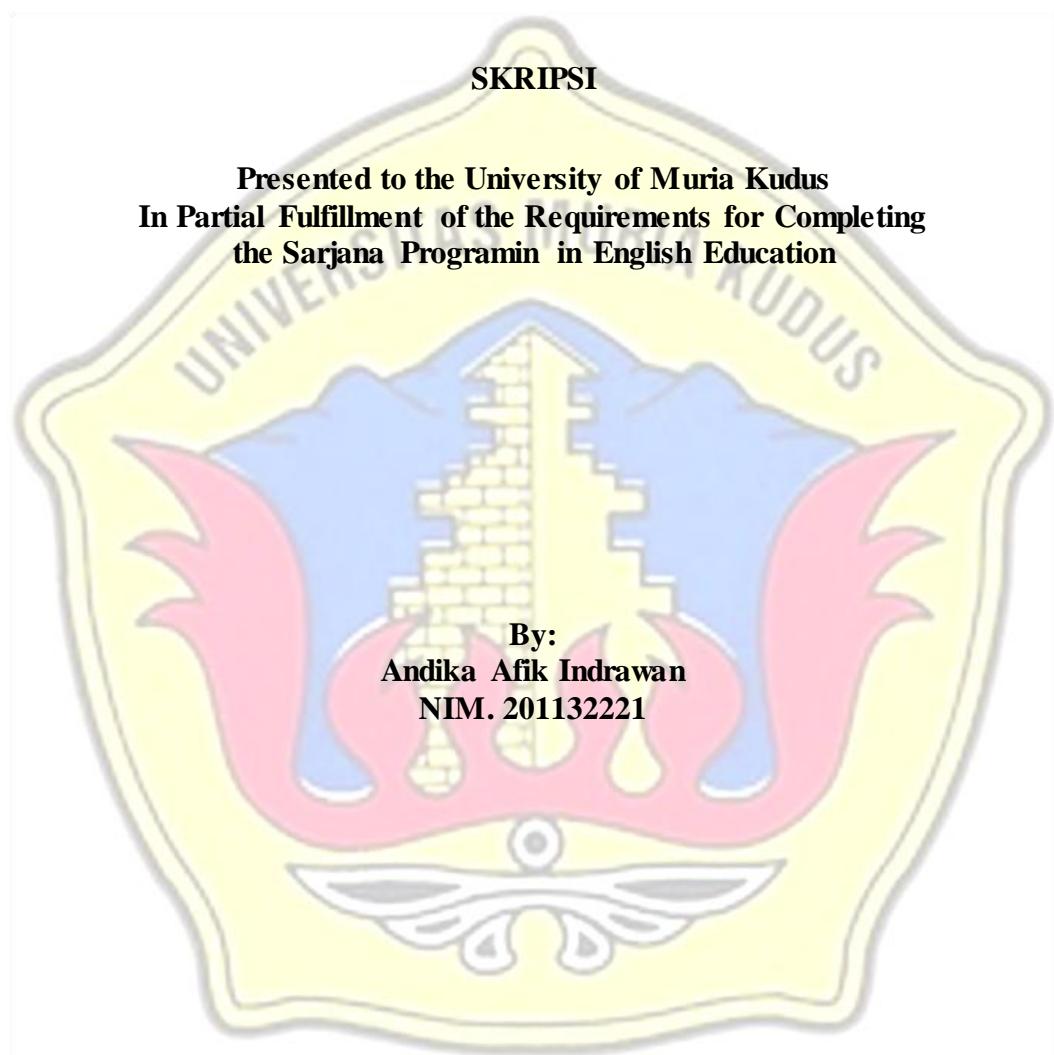
**APPLYING SPEED READING TECHNIQUE TO INCREASE THE  
READING COMPREHENSION OF THE TENTH GRADE STUDENTS OF  
MA NU MIFTAHUL FALAH CENDONO KUDUS IN 2014/2015  
ACADEMIC YEAR**

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TEACHER TRAINING AND EDUCATION FACULTY  
MURIA KUDUS UNIVERSITY  
2015**



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TEACHER TRAINING AND EDUCATION FACULTY  
MURIA KUDUS UNIVERSITY  
2015**

## MOTTO AND DEDICATION

### MOTTO:

- *Always be yourself and never be anyone else even if they look better than you*
- *Do your best at any moment that you have*
- *Tomorrow is a mystery and today is a gift*

### DEDICATION:

*This skripsi is dedicated to:*

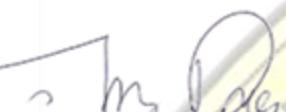
- *The writer's parents (Mr. Santoso and Mrs. Zulaekah).*
- *The writer's brother (Ari Firnanda Adi Cahya).*
- *The writer's best friend (Azis, Syarif, Sasa, Maria, Andi, Gilang, Sukron, Almu, Imam, Fathur).*
- *The writer's friends (Heritage, Bala Kurawa and eks SMK 2 KUDUS).*
- *All people around him.*

## ADVISOR'S APPROVAL

This is to certify that the *Skripsi* of Andika Afik Indrawan (201132221) has been approved by the *skripsi* advisors for further approval by the Examining Committee.

Kudus, August 2015

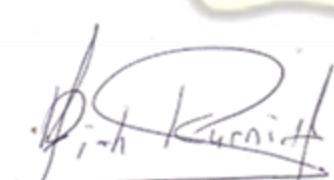
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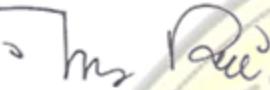
  
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Finally, the writer hopes this *skripsi* will be useful for the readers and the writer do appreciate any opinion, and suggestion for the improvement of this *skripsi*.

Kudus, June 2015

The Writer

Andika Afik Indrawan

## ABSTRACT

Indrawan, Andika Afik. 2015. *Applying Speed Reading Technique To Increase The Reading Comprehension Of The Tenth Grade Students Of MA NU Miftahul Falah Cendono Kudus In 2014/2015 Academic Year. Skripsi:* English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisor: (1) Drs. Suprihadi, M. Pd (2) Agung Dwi Nurcahyo, SS, M. Pd.

Key words: *Speed Reading Technique, reading comprehension, experimental research.*

There are four major skills in learning language, listening, speaking, reading, and writing. Those skills should be mastered by the students when they learn language, so they can achieve a good competence in English. The fact shows that there are many students of tenth graders especially the students of class X-B of MA NU Miftahul Falah Cendono Kudus who are still lack in comprehension. Firstly, most of them have lack of vocabulary. Secondly, the students read a long text slowly. Finally, students always complain of the time allocation which very limited to understand the text. Thus students did not have chance to analyze the question because they tend to read in a single word. Therefore, the writer proposes Speed Reading as a technique of teaching to solve the students' problem.

The objective of the research is to find out if there is a significant difference between reading comprehension of the tenth grade students of MA NU Miftahul Falah Cendono Kudus in 2014/2015 academic year before and after being taught by using Speed Reading Technique. It will be more effective for the students because this technique is to obtain information accurately and thoroughly in a short time.

The writer conducted quasi experimental research to solve the research problem. The research was conducted in MA NU Miftahul Falah Cendono Kudus in 2014/2015 Academic Year. The writer only takes a class (X-B) as a sample that consists of 42 students by using cluster random sampling. The writer uses multiple-choice and essay test as instrument of the research. The tests are made by the writer based on the curriculum and standard competency in the syllabus.

The result of calculation shows that the t observation ( $t_0$ ) is (7.29) which is greater than the t-table (2.021) in the predetermined level of significance 0.05 [df (41) = 2.021] and the alternative hypothesis is confirmed. It means that there is a significant difference between reading comprehension of the tenth grade students of MA NU Miftahul Falah Cendono Kudus in 2014/2015 academic year before and after being taught by using Speed Reading Technique.

From the facts above, the writer gives suggestion for those who are involving in English teaching and learning process. The teacher should be creative in choosing appropriate technique, method or strategy in teaching reading, in order to make the students more enjoyable and hopefully, it can build the students' reading habit to read in speed rate.

## ABSTRAKSI

Indrawan, Andika Afik. 2015. *Penerapan Speed Reading Teknik Untuk Meningkatkan Pemahaman Siswa Kelas X MA NU Miftahul Falah Cendono Kudus Tahun Ajaran 2014/2015.* Skripsi: Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan Ilmu Pendidikan Universitas Muria Kudus. Pembimbing: (1) Drs. Suprihadi, M. Pd (2) Agung Dwi Nurcahyo, SS, M. Pd.

Kata kunci: *speed reading teknik, pemahaman membaca, penelitian eksperimen*

Ada empat keterampilan utama di dalam pembelajaran bahasa inggris, yaitu mendengarkan, berbicara, membaca, dan menulis. Keterampilan itu harus bisa dikuasai oleh siswa ketika mereka mempelajari bahasa, jadi, mereka bisa mencapai kompetensi yang bagus dalam bahasa inggris. Faktanya menunjukkan bahwa banyak siswa kelas 10 khususnya kelas X-B MA NU Miftahul Falah Cendono kudus yang masih kurang dalam pemahaman membaca. Pertama, banyak siswa mempunyai kosakata yang kurang. Akhirnya, siswa selalu protes terhadap alokasi waktu yang sangat terbatas untuk memahami suatu teks. Dengan demikian siswa tidak mempunyai kesempatan untuk menganalisis pertanyaan because mereka cenderung membaca kata perkata. Oleh sebab itu, penulis menyusun speed reading teknik sebagai suatu teknik mengajar untuk memecahkan masalah siswa tersebut.

Tujuan penelitian ini adalah untuk menemukan jika ada perbedaan yang signifikan antara pemahaman membaca siswa kelas sepuluh MA NU Miftahul Falah Cendono Kudus pada tahun ajaran 2014/2015 sebelum dan sesudah diajarkan dengan menggunakan speed reading teknik. Teknik tersebut sangat efektif untuk siswa karena teknik ini adalah memberikan informasi secara akurat dan menyeluruh dalam waktu singkat.

Penulis melakukan penelitian eksperimen UNTUK memecahkan masalah. Penelitian ini dilakukan di MA NU Miftahul Falah Cendono Kudus tahun ajaran 2014/2015. Penulis hanya mengambil kelas X-B sebagai sampel, yang terdiri 42 siswa dengan menggunakan sampel secara acak. Penulis menggunakan pilihan ganda dan esai sebagai alat penelitian. Tes tersebut dibuat oleh penulis berdasarkan kurikulum dan silabus.

Hasil akhir perhitungan menunjukkan bahwa  $t$ -pemerolehan ( $t_0$ ) (7.29) lebih baik dari  $t$ -tabel (2.021), pada level signifikan 0.05 [df (41) = 2.021]. Hipotesis alternative terkonfirmasi dan itu artinya ada perbedaan yang signifikan antara pemahaman membaca siswa kelas sepuluh MA NU Miftahul Falah Cendono Kudus pada tahun ajaran 2014/2015 sebelum dan sesudah diajarkan dengan menggunakan speed reading teknik.

Dari fakta tersebut, penulis memberikan saran kepada mereka yang dilibatkan dalam dalam proses pembelajaran. Guru seharusnya kreatif memiliki teknik, metode, dan strategi yang tepat dalam mengajar membaca, supaya siswa lebih nyaman dan dengan harapan speed reading teknik bisa membangun kebiasaan membaca siswa untuk membaca dengan cepat.

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