



**PERSPECTIVE OF ANXIETY IN SPEAKING CLASS (THE
CASE STUDY OF THE FOURTH SEMESTER STUDENTS
OF ENGLISH EDUCATION DEPARTMENT TEACHER
TRAINING AND EDUCATION FACULTY IN MURIA
KUDUS UNIVERSITY IN THE ACADEMIC YEAR
2014/2015)**

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TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2016**



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SKRIPSI

**Presented to University of Muria Kudus
in Partial Fulfillment of the Requirements for Completing the Sarjana Program
in the Department of English Education**

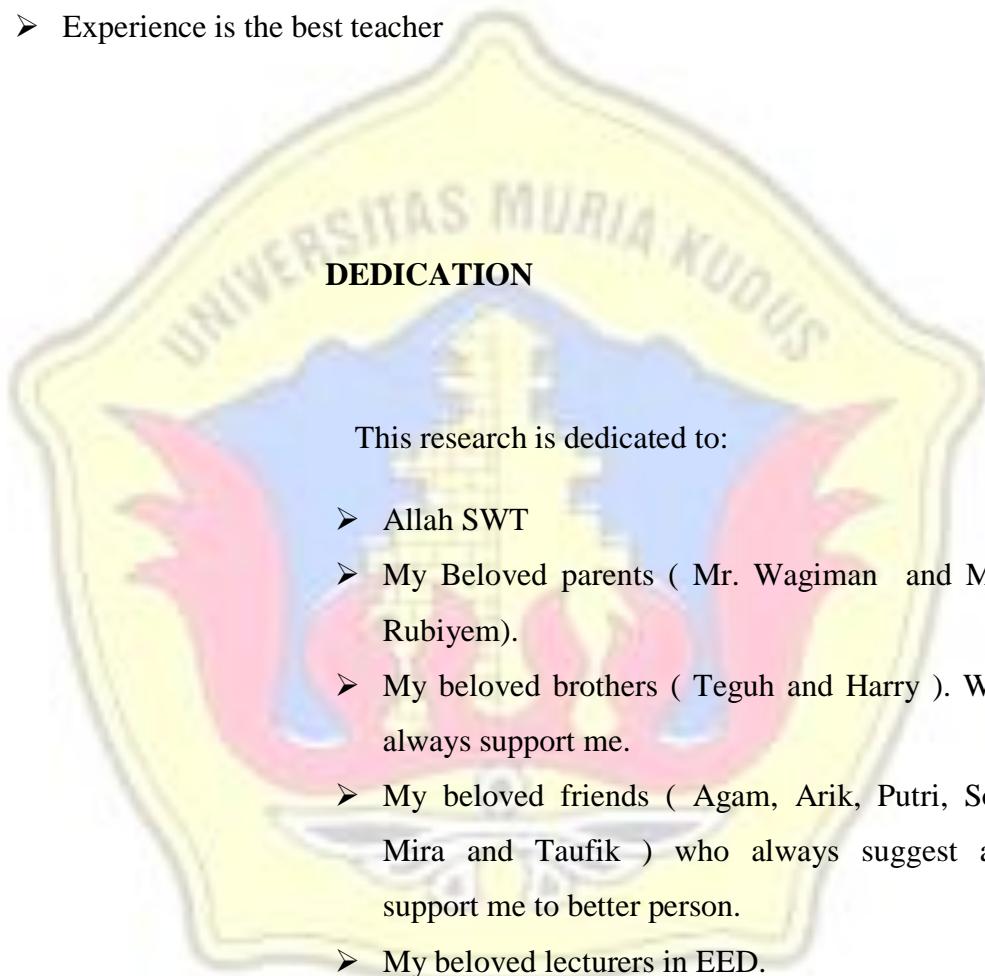
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2016**

MOTTO AND DEDICATION

MOTTO:

- Don't put on until tomorrow if you can do today
- Experience is the best teacher



ADVISORS APPROVAL

This is to certify that the Sarjana Skripsi of Henny Wulandari has been approved by the Skripsi advisors for further approval by the Examining Committee.

Kudus, of September 2015

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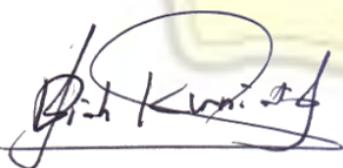
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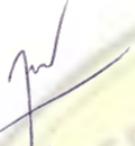
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Alhamdulillah, this skripsi has been completed with the blessing of the Merciful and Almighty, Allah SWT. Shalawat and salutation are also delivered to our prophet Muhammad SAW., who has been a good model in the overall of our life.

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2. Diah Kurniati, S.p.d, M.Pd, as the Head of English Education Department Teacher Training and Education Faculty of Muria Kudus University.
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4. Atik Rokhayani, S.Pd, M.Pd, as the second advisor who has given contributive criticism and assistance during completing this research.
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6. Her beloved parents and family for their pray, love, support and guide me all the time.
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Finally, thanks are also due to those whose names could not be mentioned here, their contributions have enabled her completing this research. Hopefully, this skripsi will be useful for anyone, who needs information related to this research. The constructive critics and suggestions are expressed from all of the readers.

Kudus, Januari 2016

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ABSTRACT

Wulandari, Henny. 2015. *Perspective of Anxiety in Speaking Class (The Case Study of Fourth Semester Students of English Education Department Teacher Training and Education Faculty of Muria Kudus University in Academic Year 2014/2015)*. Skripsi: English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisor: (1) Fitri Budi Suryani, S.S, M.Pd (2) Atik Rokhayani, S.Pd, M.Pd.

Key words: Perspectives of anxiety, Speaking.

This research is based on a study which attempts to investigate the students perspectives in speaking class. Anxiety also called worry is a psychological and physiological state characterized by somatic, emotional, cognitive and behavioral components, it is the displeasing feeling of fear and concern. Students in Indonesia have studied English around six years but they still cannot speak English.

The objective of the research are to find out the perspectives of anxiety in speaking class and the dominant perspective of anxiety on the fourth semester students of English Education Department Teacher Training and Education Faculty of Muria Kudus University.

This research is qualitative research. The writer used questionnaire for the collecting data and There are 30 students the fourth semester students of English Education Department Teacher Training and Education Faculty of Muria Kudus University in the academic year 2014/2015 for the data source.

The result from the research based on 30 students shown that the students got anxiety in speaking class. There are 143 perspectives on factor believed to contribute anxiety and 127 perspectives on factor believed to reduce anxiety. The dominant perspective is factor believed to contribute anxiety, there are 143 perspectives.

From this research, the writer suggests that the teacher must make comfortable class and happy teaching. It can build a comfort situation to make them enjoy in speaking class. The students should be able to solve and control negative self-emotion in speaking class and they have to more practice. To improve their self-motivation, the students should have good relationship with their friends and their teacher.

ABSTRAK

Wulandari, Henny. 2015. *Perspective of Anxiety in Speaking Class (The Case Study of Fourth Semester Students of English Education Department Teacher Training and Education Faculty of Muria Kudus University in Academic Year 2014/2015)*. Skripsi. Fakultas Keguruan dan Ilmu Pendidikan, Pendidikan Bahasa Inggris, Universitas Muria Kudus. Pebimbing: (1) Fitri Budi Suryani S.S, M.Pd (2) Atik Rokhayani, S.Pd, M.Pd.

Kata kunci: Perspektif dalam kecemasan, Berbicara.

Penelitian ini berdasarkan pada pembelajaran yang mencoba menyelidiki kecemasan siswa pada mata kuliah *Speaking*. Kecemasan atau kekhawatiran pada psikis dan tingkat psikis ditandai dengan komponen somatik, emosi, perilaku dan kognitif, hal tersebut disebabkan oleh perasaan takut dan khawatir. Penduduk Indonesia telah memperoleh pelajaran Bahasa Inggris sekitar enam tahun, tetapi kenyataannya mereka masih saja tidak bisa berbicara bahasa Inggris.

Tujuan penelitian ini adalah untuk mengetahui faktor jenis kecemasan apa saja serta faktor yang dominan terjadi yang terdapat pada mahasiswa semester empat program studi Bahasa Inggris Fakultas keuruan dan Ilmu Pendidikan di Universitas Muria Kudus.

Penelitian ini merupakan penelitian kualitatif. Penulis menggunakan kuesioner dalam pengumpulan data dan sebanyak 30 mahasiswa dari jurusan Bahasa Inggris Fakultas Keguruan dan Ilmu Pendidikan di Universitas Muria Kudus sebagai sumber data.

Hasil penelitian berdasarkan 30 mahasiswa, mereka tampak mengalami kecemasan dalam mata kuliah *Speaking*. Terdapat 143 perspektif dalam faktor penyebab kecemasan dan 127 perspektif dalam faktor pengurang kecemasan. Sedangkan Faktor penyebab kecemasan merupakan perspektif yang paling dominan dalam penelitian ini.

Dari hasil penelitian ini, penulis menyarankan bahwa guru perlu harus menciptakan suasana kelas yang nyaman dan menyenangkan. Hal ini dapat menciptakan situasi yang nyaman, dan juga kelas yang menyenangkan. Mahasiswa harus dapat mencegah dan mengontrol emosi yang negatif di dalam kelas *Speaking* dan harus lebih sering berlatih. Untuk meningkatkan motivasi diri mereka, mahasiswa seharusnya memiliki hubungan yang baik dengan teman dan dosen. Mereka juga harus meningkatkan pengetahuan dalam bahasa Inggris dan dosen.

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