



**IMPROVING THE STUDENTS' ENGLISH VOCABULARY  
MASTERY BY USING HYPNOTEACHING  
(A Classroom Action Research at the Tenth Graders of MA NU  
Raden Umar Sa'id Colo Kudus in Academic Year 2014/2015)**

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TEACHER TRAINING AND EDUCATION FACULTY  
MURIA KUDUS UNIVERSITY  
2015**



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**SKRIPSI**

**Presented to the University of Muria Kudus  
in Partial Fulfillment of the Requirements for Completing the Sarjana  
Program in the Department of English Education**

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2015**

## MOTTO AND DEDICATION

### MOTTO:

- ✓ ALWAYS EXPRESSING GRATITUDE AND SINCERE TO ALLAH IS THE KEY TO BE A GREAT PERSON.
- ✓ JUST BE A SIMPLE PERSON, BUT DON'T WISH TO HAVE A SIMPLE LIFE IN THE FUTURE.

### DEDICATION:

- ✓ My beloved hero mother and father who always educate me in doing good things. Thanks for all support, generosity, finance, and encouragement, and also thanks for your love, trust, and everlasting praying. Allah bless you mom and dad. I love you so much.
- ✓ My beloved brother and sister, thanks for your kindness, support and togetherness.
- ✓ My beloved advisors, who always guide me in doing my Skripsi.
- ✓ My beloved friends, who always spend the time with laugh, joke, smile together and spirit. Thanks for your togetherness and I'm proud to call you as my best friends.
- ✓ My entire lecturers in English Education Department.
- ✓ My friends in University of Muria Kudus.



## APPROVAL SHEET

This is to certify that the Skripsi of Restiana Budiarti (201132147) has been approved by the Skripsi's advisors for further approval by the examining Committee.

Kudus, 2015.  
Advisor I



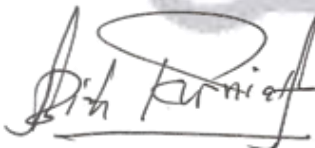
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## ACKNOWLEDGEMENT

Alhamdulillah, glory to Allah SWT the almighty and most merciful, in this occasion I would like to express my gratitude to Allah SWT who has given health and blessing in accomplishing the skripsi entitle “Improving Students’ English Vocabulary Mastery by Using Hypnoteaching (A Classroom Action Research At The Tenth Graders Of MA NU Raden Umar Sa’id Colo Kudus In Academic Year 2014/2015)”.

However, the completion of this skripsi could not be achieved without assistance of others. In this opportunity, I would like to express my special gratitude to:

1. Dr. Drs. Slamet Utomo, M.Pd as the Dean of English Education Department of Teacher Training and Education Faculty of Muria Kudus University.
2. Diah Kurniati, S.Pd, M.Pd as the Head of English Education Department of Teacher Training and Education Faculty of Muria Kudus University.
3. Rismiyanto, SS., M.Pd., as the first advisor who always gives his best support, many valuable, criticisms, suggestions and helpful inputs for accomplishing this skripsi.
4. Mutohhar, S.Pd., M.Pd., as the second advisor who has guided and given his advice to me in finishing this skripsi wisely and patiently.
5. M. Zainul Anwar, as the principle of MA NU Raden Umar Sa’id Colo Kudus who gives me permission to conduct the research.

6. Rohmah Dwi H.S.Pd., as the English teacher of MA NU Raden Umar Sa'id Colo Kudus who has supported me during the research.
7. The first grade students of MA NU Raden Umar Sa'id Colo Kudus, especially for the first grade students of X B for their good participation.
8. My lecturers in Teacher Training and Education Faculty UMK especially English Education Department.
9. My beloved parents (Mr. Supramono and Mrs. Iskarwati) who give me love, pray, and support. My beloved brother sister (Anggie Aristiani and Yoga Hassanuddin Akbar) and my big family who always gives spirit and support for me.
10. My gembels' friends (Oki, Ninda, and Fira) who always stay with me for long time. We had wrote many story in our book life and it's story will always stay in my hearth.
11. My roommate (Nourma and Hida) who always gives me support and also make me laugh everytime and everywhere. I can't imagine my life without you guys. It is like a sky without stars.
12. My beloved friends (Syaiful, Anwar, Fiyan, Regina, Nita, Piyik, Dwi, Ilham, Galuh, Wafa).
13. For all of my KKN friends and others for all support and togetherness in happiness and sadness.
14. All of my friends in English Education Department.
15. All people involved during the writing of this skripsi.



In addition I consciously that this skripsi is far from perfectness and has some weakness. So, I would like to express my sincerer gratitude to the readers for some criticism and suggestion. I hope this skripsi will be beneficial and useful for everyone who interest in reading and concerns to this skripsi.



Kudus, August 2015

Restiana Budiarti  
201132147

## ABSTRAKSI

Budiarti, Restiana. 2015. Meningkatkan Penguasaan Kosakata Bahasa Inggris Siswa dengan Menggunakan Hypnoteaching (Sebuah Penelitian Tindakan Kelas pada Siswa Kelas Sepuluh MA NU Raden Umar Sa'id Colo Kudus pada Tahun Ajaran 2014/2015). Skripsi, Program Studi Pendidikan Bahasa Inggris, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Muria Kudus. Pembimbing: (i) Rismiyanto, S.Pd, M.Pd, (ii) Mutohhar, S.Pd, M.Pd.

Kat Kunci: Kosakata Bahasa Inggris, Hypnoteaching, Siswa Kelas X MA NU Raden Umar Sa'id Colo Kudus.

Latar belakang penelitian ini adalah penguasaan kosakata siswa pada kelas sepuluh MA NU Raden Umar Sa'id Colo Kudus di tahun ajaran 2014/15 rendah. Ini dikarenakan teknik yang digunakan oleh guru disana adalah teknik yang biasa. Teknik tersebut adalah "Lecturing". teknik Hypnoteaching dapat menjadi sebuah alternatif untuk mengatasi masalah tersebut. Teknik Hypnoteaching adalah sebuah teknik yang mana mentransfer data/pengetahuan/informasi di alam bawah sadar dengan cara memberikan motivasi kepada siswa.

Penelitian ini bertujuan untuk : (1) Mengetahui apakah teknik Hypnoteaching dapat meningkatkan penguasaan kosakata bahasa inggris pada siswa kelas X MA NU Raden Umar Sa'id Colo Kudus di tahun ajaran 2014/2015 atau tidak. (2) Menjelaskan bagaimana proses belajar mengajar kosakata bahasa inggris pada siswa kelas X MA NU Raden Umar Sa'id Colo Kudus di tahun ajaran 2014/2015 dengan mengimplementasikan Hypnoteaching teknik. (3) Melihat penguasaan kosakata bahasa inggris siswa yang diajar dengan menggunakan teknik Hypnoteaching.

Penelitian ini adalah kolaborasi penelitian tindakan kelas anatar guru bahasa inggris di X B dengan Saya. Guru bertindak sebagai guru yang mengimplementasikan teknik Hypnoteaching dan saya sebagai peneliti yang meneliti proses belajar mengajar. Penelitian ini terdiri dari dua siklus dan setiap siklus terdiri dari Persiapan, Akting, Mengamati, Refleksi. Persiapan penelitian sudah dilakukan sebelum dilakukan siklus. instrumen yang digunakan adalah catatan lapangan dan test.

Hasil dari penelitian ini menunjukkan bahwa ada peningkatan penguasaan kosakata bahasa inggris siswa. Hal ini bisa dilihat dari nilai rata-rata di persiapan penelitian adalah 45, cycle I adalah 73, cycle II adalah 87. Hasil dari catatan lapangan menunjukkan bahwa motivasi siswa dalam belajar bahasa inggris khususnya kosakata bahasa inggris meningkat. Mereka tidak berfikir bahwa bahasa inggris susah/mimpi buruk/susah lagi seperti sebelumnya.

Dengan hasil dari penelitian ini di simpulkan bahwa teknik Hypnoteaching dapat meningkatkan penguasaan kosakata siswa pada kelas sepuluh MA NU Raden Umar Sa'id Colo Kudus di tahun ajaran 2014/2015. Disarankan kepada guru bahasa inggris untuk mengaplikasikan teknik Hypnoteaching dalam sistem belajar mengajar.

## ABSTRACT'

Budiarti, Restiana. 2015. Improving the Students' English Vocabulary Mastery by Using Hypnoteaching (A Classroom Action Research at Tenth Graders of MA NU Raden Umar Sa'id Colo Kudus in Accademic Year of 2014/2015). Skripsi Proposal, English Education Department, Teacher Training and Education Faculty, Muria Kudus University. Advisor: (i) Rismiyanto, S.Pd, M.Pd, (ii) Mutohhar, S.Pd, M.Pd.

Key Word: *English Vocabulary, Hpnoteaching, The Tenth Graders of MA NU Raden Umar Sa'id Colo Kudus.*

The background of the study was based on the students' English Vocabulary of the tenth graders of MA NU Raden Umar Sa'id Colo Kudus in the academic year 2014/2015 was low. It is caused that the technique that is used by the teacher there was a conventional technique. That technique is lecturing technique. Hypnoteaching technique can be an alternative way to solve that problem. Hypnoteaching technique is a technique that transferring the data/knowledge/information in the subconscious side by giving motivation to the students.

This research is aimed: (1) To find out wheather Hypnoteaching can improve students' English vocabulary mastery in the tenth graders of MA NU Raden Umar Sa'id Colo Kudus in academic year 2014/2015 or not. (2) To describe how the process of teaching and learning English vocabulary of tenth graders of MA NU Raden Umar Sa'id Colo Kudus in the academic year 2014/2015 taught by using Hypnoteaching technique is. (3) To find out the students' English vocabulary mastery of tenth graders of MA NU Raden Umar Sa'id Colo Kudus in the academic year 2014/2015 taught by using Hypnoteaching technique is.

This research was a collaborative classroom action research between the English teacher in X B and I. The teacher acted as a teacher who implemented the treatment while I acted as the observer who observed the teaching and learning process. This research consists of two cycles and each cycle consists of planning, acting, observing, and reflecting. The preliminary study was done before the cycles. The instruments used were field note, test.

The result of this research showed that there was good improvement of students' English vocabulary. It can be seen from the average score in preliminary study was 45, cycle I was 73, and cycle II was 87. The result of field note showed that the students' motivation in leraning English, especilly English Vocabulary mastery have improved. They do not think that English is difficult/naightmare/complicated as before.

By the result of this research it is concluded that Hypnoteaching technique can improve the students' English vocabulary mastery at the tenth graders of MA NU Raden Umar Sa'id Colo Kudus in the academic year 2014/2015. It is suggested to the English teachers to apply Hypnoteaching technique in teaching and learning process.



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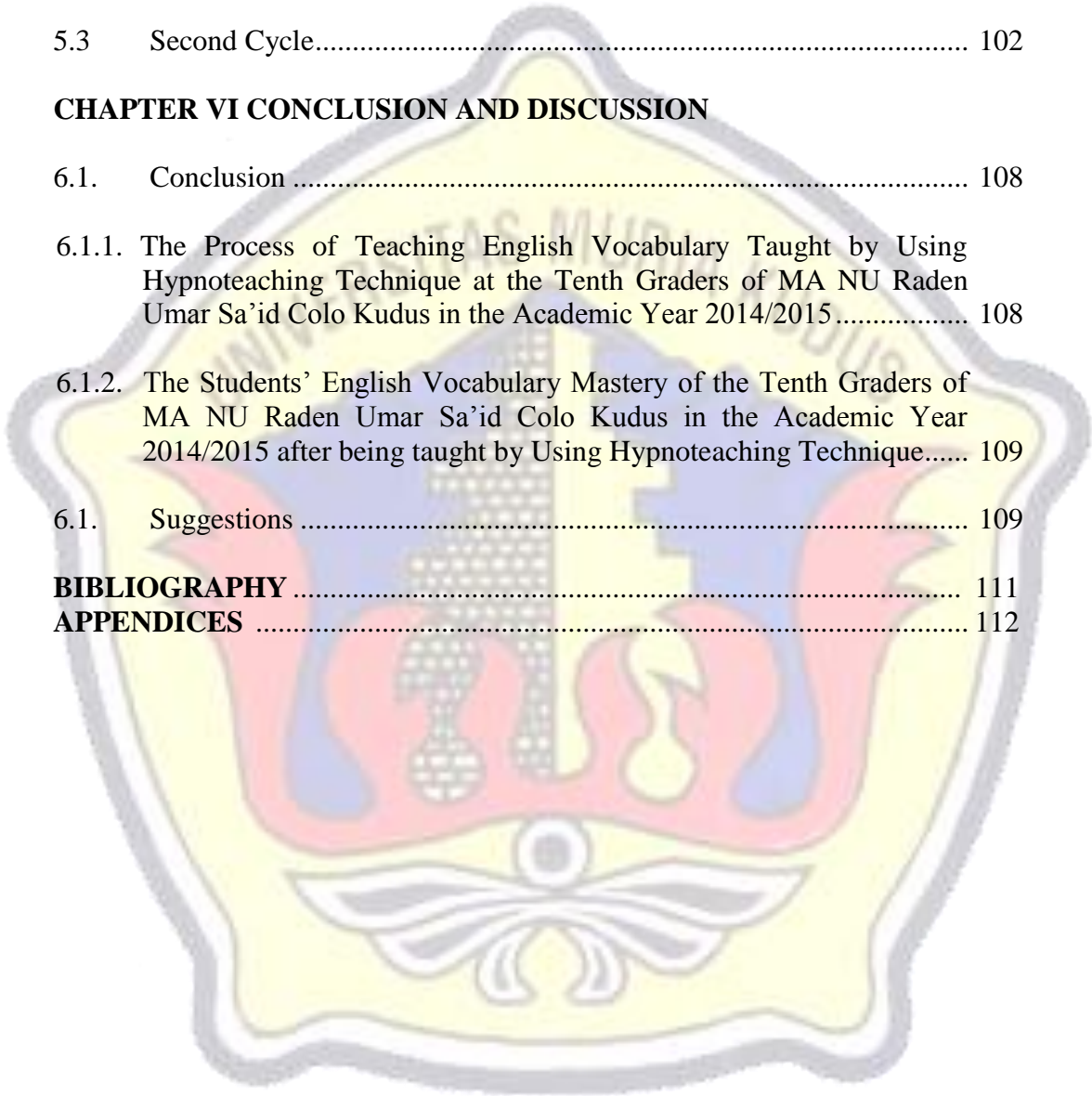
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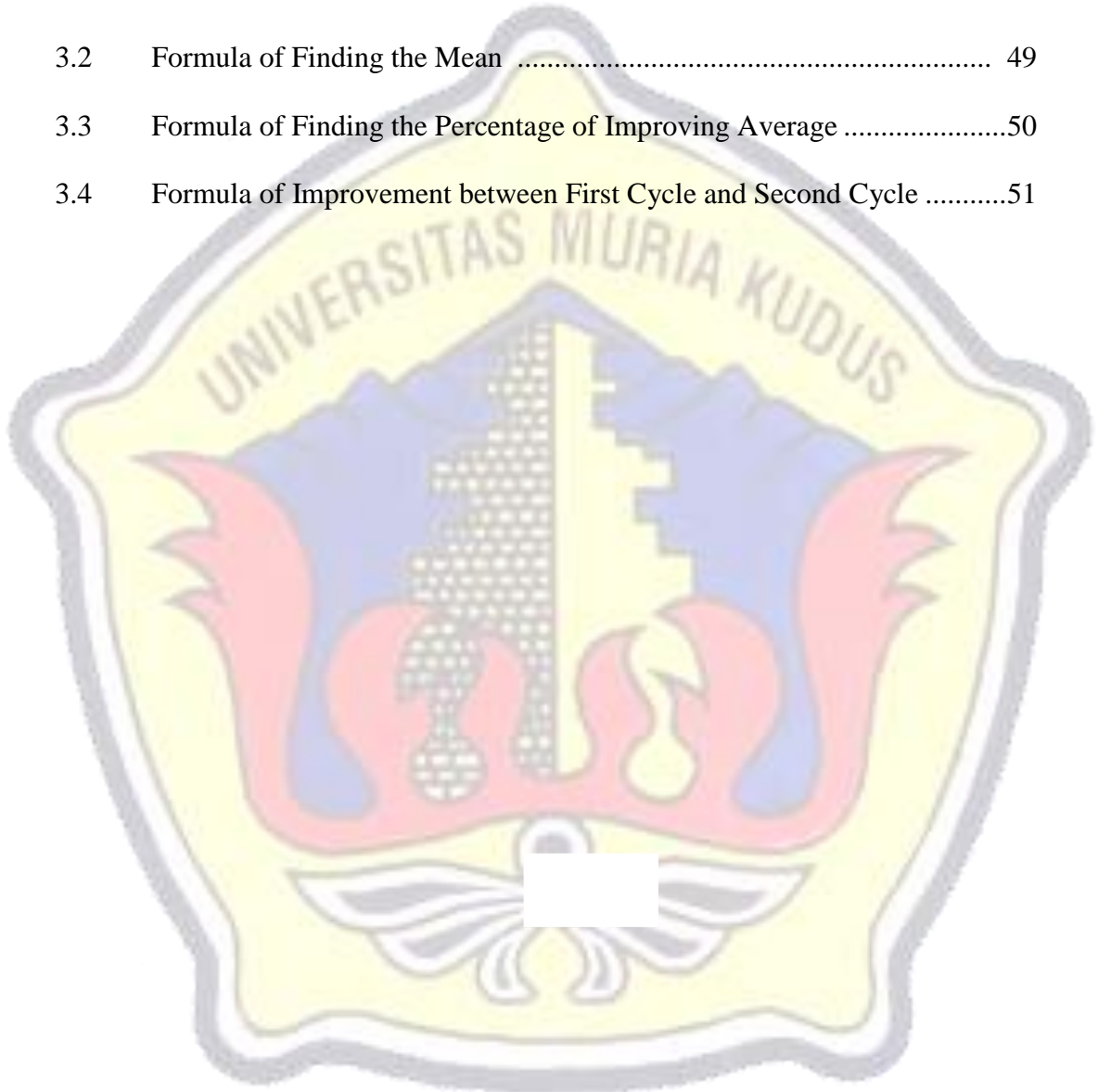
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