SKRIPSI

AN ANALYSIS
OF STUDENTS’ ANXIETY LEVELS IN SPEAKING
(A Case Study in SMK NU Ma’arif)

BY
NOOR MASLAKHAKH
NIM 201432003

ENGLISH EDUCATION DEPARTMENT
TEACHER TRAINING AND EDUCATION FACULTY
MURIA KUDUS UNIVERSITY
2018
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SKRIPSI
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NIM 201432003

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MOTTO AND DEDICATION

Motto:
Believe that we can do it.

Dedication:
This skripsi is dedicated to:

➢ Her beloved parents, Mr. Maftukhin and Mrs. Sri Halimah, who always gives support and blessing.
➢ Her beloved sister and brother, the best sibling ever after.
➢ All lectures of English Education Department.
➢ Her beloved best friend Rizqi, Ana, Eni, Sari, Nida, Syntia, and Windi.
➢ All of her friends of English Education Department in 2014.
➢ All people who support her in doing this skripsi.
ADVISORS’ APPROVAL

This is to certify that the Skripsi of Noor Muslakhah (20132003) has been approved by the skripsi advisors for further approval by the Examining Committee.

Kudus, August 10th 2018
Advisor I

[Signature]

Titis Sulistyowati, S. S., M. Pd
NIDN. 0002048101

Kudus, August 10th 2018
Advisor II

[Signature]

Rusiana, S. Pd, M. Pd
NIDN. 0611118301

Acknowledged by
Head of English Education Department
The Faculty of Teacher Training and Education

[Signature]

Nurzainingsih, S. Pd, M. Pd
NIDN. 0612077901
EXAMINERS’ APPROVAL

This is to certify that the Skripsi of Noor Masaalubah (20132003) has been approved by the Examining Committee as requirement for Sarjana Degree in English Education.

Kudus, September 3rd 2018
Examing Committee,

Dr. Fitri Budi Suryani, S. S. M. Pd, Chairperson
NIDN. 0613097701

Rusiana, S. Pd. M. Pd, Member
NIDN. 0611118301

Dra. Sri Endang Kusnaryati, M. Pd, Member
NIDN. 0631036102

Atik Rokhayani, S.Pd, M. Pd, Member
NIDN. 0601058402

Acknowledged by
The Faculty of Teacher Training and Education

NIDN: 0819126201
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The writer hopes that it will be useful for those especially who are in the field of education.

Kudus, August 2018
The writer
Noor Maslakhah
ABSTRACT


Key Words: Anxiety Level, Factors of Anxiety, The Student Ways Overcome Anxiety

Anxiety is a position which you feel afraid, worry, nervous, apprehension about something that disturbs your mind. Anxiety level is a condition when people are being afraid, worried, stressful and nervous to speak English. According to Stuart and Sudden (2002), there are 3 levels of anxiety. They are mild, moderate and severe. Anxiety caused by several factors. Based on Horwitz, Horwitz and Cope (1986:127), they are communication apprehension, test anxiety and also fear of negative evaluation.

Based on the statement of the problem, the objective of the research are to find out the students’ anxiety level, to find out the factors cause anxiety and to find out the student ways to overcome their anxiety at SMK NU Ma’arif Kudus in academic year 2017/2018.

The method used in this research is qualitative research method. The instruments of this research are questionnaire and interview. The data in this instrument is the students’ anxiety level, the factors cause anxiety and the students way to overcome their anxiety. As the data source of this research are the students in X TKR 1 at SMK NU Ma’arif Kudus in academic year 2017/2018.

As the result of the analysis the closed-ended questionnaire, the writer got 2 results. First, the result of anxiety level of the 36 students in X TKR 1. All of the students got anxiety in speaking. The highest level of students’ anxiety was moderate level with the percentage was 56%. Then, the second level was mild level with the percentage was 36%. And the last was severe level was 8%. From the close ended questionnaire also, the write got the result of factors cause anxiety. As the result, the communication factors is the highest factors caused students’ anxiety which has score 59%, then followed by fear of negative evaluation has score 23% and the last is test anxiety factor has score 18%. From analysis the result of the interview, the writer got several ways to overcome anxiety that has been done by the students. They were try to calm, focus, think positively and prepare well for their English activity.

At the end of this research, the writer suggests that the student should more practice to speak English, study more vocabularies so they will confident to deliver their work. The teacher also should give more motivation to the students when their students look like feel anxious in speaking. The writer hopes that this research can be used as the reference for the researcher who has similar research to the anxiety in learning English.
ABSTRAK


Kata Kunci: Level Kecemasan Siswa, Faktor Kecemasan Siswa, Cara Siswa Menangani Kecemasan


Berdasarkan dari permasalahan dalam penelitian, tujuan dari penelitian ini adalah untuk mencari level kecemasan siswa, untuk mencari faktor yang menyebabkan kecemasan pada siswa, dan cara siswa untuk mengatasi kecemasan mereka pada kemampuan berbicara bahasa inggris di SMK NU MA’arif Kudus pada tahun pelajaran 2017/2018.


Sebagai hasil dari analisis kuesioner tertutup, penulis menemukan dua hasil. Pertama, hasil kecemasan dari 36 siswa di X TKR 1. Seluruh siswa mengalami kecemasan pada berbicara. Level tertinggi dari kecemasan siswa adalah level sedang dengan presentasi 56%, kemudian level kedua adalah level ringan dengan presentasi 36%. Dan Peringkat terakhir adalah level berat dengan persentasi 18%. Dari kuesioner tertutup penulis juga menemukan hasil dari faktor yang menyebabkan kecemasan pada siswa. Kesulitan berkomunikasi adalah faktor tertinggi yang menyebabkan kecemasan pada siswa dimana memiliki nilai sebesar 59%, kemudian diikuti oleh ketakutan pada penilaian yang negatif dimana memiliki nilai sebesar 23%. Dan terakhir. Dari hasil analisis wawancara, penulis mendapatkan beberapa cara untuk mengatasi kecemasan yang sudah dilakukan oleh siswa. Mereka mencoba untuk tenang, focus, berfikir positif dan mempersiapkan dengan baik untuk aktifitas berbahasa inggris.

Pada akhir penelitian ini, penulis menyarankan bahwa setiap siswa harus belajar lebih untuk berbicara bahasa inggris, belajar lebih banyak kosakata, sehingga mereka akan merasa percaya diri untuk menyampaikan pekerjaan mereka. Penulis berharap penelitian ini dapat digunakan sebagai referensi untuk seseorang yang memiliki persamaan penelitian pada kecemasan di pembelajaran bahasa inggris.
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